

MINNESOTA PSYCHIATRIC SOCIETY

Annual Scientific Program & Recognition Dinner

Very Brief Psychotherapy & The Changing Face of Medicine

Friday, October 8, 2010 - The Marsh, Minnetonka, MN



Jointly sponsored by the American Psychiatric Association and the Minnesota Psychiatric Society



Minnesota Psychiatric Society
4707 Highway 61, #232
St. Paul, MN 55110

MINNESOTA PSYCHIATRIC SOCIETY

Improving Minnesota's mental health care through education, advocacy and sound psychiatric practice.

Our vision is physician leadership creating the nation's highest quality, affordable and accessible system of mental health care.

www.mnpsychsoc.org

ABOUT THIS PROGRAM

The Minnesota Psychiatric Society offers the 2010 scientific program to support psychiatric practice under increasingly restrictive clinical conditions. Previous MPS program participants have reported a reliance on medication as well as a need for learning opportunities focused on providing psychotherapy in conjunction with medication management for optimal treatment outcomes. Reports that managed care and other administrative forces have reduced time with patients, making necessary a quick psychotherapy tool to include in medication management appointments. In addition, the core psychiatry skill set includes psychotherapy, but psychiatrists and residents alike report decreased exposure to that training. The opportunity to learn and use psychotherapy in practice is just as essential in primary care. This program offers new psychotherapy tools and techniques for use in a wide range of clinic settings.

Registration materials included or register online at www.mnpsychsoc.org. Questions? Call 651-407-1873.



MINNESOTA PSYCHIATRIC SOCIETY

Very Brief Psychotherapy & The Changing Face of Medicine



Friday, October 8, 2010 at The Marsh Retreat Center*

*15000 Excelsior Blvd., Minnetonka, MN

ANNUAL EDUCATIONAL MEETING & RECOGNITION DINNER Friday, October 8 at The Marsh

ANNUAL EDUCATIONAL MEETING Program

- 8:30 am Registration Check-in and Continental Breakfast
- 9:00 am Very Brief Psychotherapy, The Main Principles: A Brief Talk with Discussion
- 9:30 am The First Case Study Concerns: The Problem of Losing One's Center (A Decentered Animal is Alarmed (Anxious) and/or Defeated (Depressed) in the Field of the Constant Operator).
- 10:30 am Second Case Study Concerning: The Opportunity to Get One's Center Back. The Transitional Operator and its Field, and How to Set It Up.
- 11:30 am Brunch
- 12:15 pm Third Case Study Concerning: Resonance. The Exact Work or Phrase of the Patient, and the Exact Gesture or Movement of the Body.
- 1:15 pm Fourth Case Study Concerning: The Problem of Not Having A Center At All. How to Begin Having One.
- 2:15 pm Break
- 2:30 pm Fifth Case Study Concerning: The Problem of Having a Center Which Loses Half of the Field.
- 3:30 pm Sixth Case Study Concerning: Every Recovery of One's Center is Recaptured, Decentered Again, and Has to be Worked Through Once Again
- 4:30 pm Seventh Case Study Concerning: The Night Rerun of the Day's Field. The Indispensable Dream Map, If You Can Get It.
- 5:30 pm Adjourn

RECOGNITION DINNER Program

- 5:30-6:30 pm - Reception & Check-in
- 6:30-7:00 pm - Dinner
- 7:00-9:00 pm - Awards Program
- Welcome - Jim Jordan, MD
- Awards Presentations
- Keynote Address
- The Changing Face of Medicine:
The Next Generation of Psychiatrists*
- APA President Carol Bernstein, MD
[New York University, New York, NY]

PROGRAM OBJECTIVES Following attendance, participants will be able to:

Identify very brief clinically applicable psychotherapy concepts, and describe their application and benefits in clinical practice.

Describe the differences in attitudes of the four generations currently in the workforce, and discuss strategies to improve relationships between the generations.

CONTINUING MEDICAL EDUCATION This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychiatric Association (APA) and the Minnesota Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians. The American Psychiatric Association designates this educational activity for a maximum of 8.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

REGISTRATION MPS Annual Scientific Meeting & Recognition Dinner - October 8, 2010

Name: _____ Guest name: _____

Address: _____ Phone: _____

City/State/Zip: _____ Email Address: _____

I WILL BE ATTENDING: Oct 8 Annual Meeting (\$99)

MY GUEST WILL BE ATTENDING: Oct 8 Annual Meeting (\$99)

I WILL BE ATTENDING: Oct 8 Recognition Dinner (\$50)

MY GUEST WILL BE ATTENDING: Oct 8 Recognition Dinner (\$50)

PAYMENT METHOD: TOTAL DUE: \$ _____ RESIDENT no charge RESIDENCY PROGRAM: _____

CHECK (Mail with registration to 4707 Hwy 61, #232, St. Paul, MN 55110)

CREDIT CARD (Visa Mastercard)

Amt: \$ _____ Exp date: ___ / ___ / ___ Auth code _____

Signature _____

(Fax credit card registration to 651-407-1754 or mail to address above.)

SPECIAL NEEDS If you have special needs (dietary, mobility, etc.), please call 651-407-1873.

LODGING Overnight accommodations are available onsite at the Marsh. Make reservations by calling 952-935-2202.

The Sheraton Minneapolis West Hotel is located less than three miles away (2201 Ridgedale Drive Minnetonka, MN 55305). Call 952-960-3500 to make reservations.

REGISTER ONLINE at www.mnpsychsoc.org QUESTIONS? Call 651-407-1873 or email l.vukelich@comcast.net.