Saturday, March 28, 2015

“Restoring Resilience: Transformative Therapy at Work”

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Minnesota Humanities Center
987 Ivy, St Paul, MN

Jointly provided by the American Psychiatric Association and the Minnesota Psychiatric Society in conjunction with the Society for Psychoanalytic Studies

As clinicians, we can marvel at certain clients who bounce back from severe trauma and worry about others whose recovery seems glacial. How do we understand resilience if we resist a black and white way of claiming that it is or is not there? This presentation will explore a way of understanding resilience that opens our minds and hearts to that resilient partner-in-healing that resides in each of our clients. Through videotape and discussion, Dr. Eileen Russell will show how the work of AEDP (Accelerated Experiential Dynamic Psychotherapy), focuses on affect, the body, and the therapeutic relationship, to restore resilience. She will outline a theory of resilience that is detailed in her upcoming book, Restoring Resilience: Discovering Your Clients’ Capacity for Healing (W.W. Norton & Co.), and show how healing involves a movement from expressions of resilience as resistance to forms of resilience that help individuals transform, thrive, and flourish. Dr. Russell is a clinical psychologist in private practice in New York City, Senior Faculty for and a founding member of the AEDP (Accelerated Experiential Dynamic Psychotherapy) Institute, and Adjunct Clinical Faculty at NYU Hospital-Bellevue Hospital Center.

For more information and to register: www.spsmn.org

Continuing Medical Education:
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and Minnesota Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.”

The APA designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Scholarships are available through the Minnesota Psychiatric Society for medical students, psychiatry residents and fellows to attend! Contact Linda Vukelich for scholarship eligibility and registration information. lvukelich@comcast.net or 761-407-1873.