

Minnesota Psychiatric Society Spring Meetings

Psychiatry 2024: Choosing an Innovative Path

Saturday, March 16, 2024

7:30am-4:30pm – Educational Program • 5:00-8:30pm – Recognition Dinner

Minneapolis Golf Club

2001 Flag Avenue, St Louis Park, MN 55426

REGISTRATION OPEN – [Click here to register](#)



Overview

Humanistic psychologist Carl Rogers wisely said, “The good life is a process, not a state of being. It is a direction, not a destination.”

The journey to and through a career in psychiatry is one filled with joys and sorrows, challenges and surprises. We are navigating our own life and career paths while simultaneously striving to smooth the bumpy roads our patients travel.

How do we guide our patients in choosing their best path to health? Novel and traditional treatment options abound, from therapy to neuromodulation to psychedelics. In addition, there are ever-branching career options for psychiatrists. We may be hospitalists, procedure-based specialists, virtual care providers, or innovators in addiction or community care. Many of us work in corporate medicine settings, where “medicine as big business” has led to increased discussion of physician unions. How do we choose the best path for ourselves? Hopefully these new paths will lead to better work-life balance, allowing us to prioritize self-care while we strive to provide the best possible patient care.

Finding balance is a real challenge given the frantic pace of change in medicine and society. MPS is honored to host Rawle Andrews, Executive Director of the APA Foundation. His topic is the apt: “Finding Peace of Mind in Dynamic Times: Acknowledging, Coping with and Treating Invisible Injuries in the Digital Age.”

On the topic of change, Charles Darwin had the following to say: “It is not the strongest of the species that survives, nor the most intelligent, but the one most responsive to change.”

Come to the Spring MPS meeting for inspiration and fellowship in meeting our changing times.

Keynote: Rawle Andrews, Jr., Esq.,
American Psychiatric Association Foundation
Executive Director

“Finding Peace of Mind in Dynamic Times: Acknowledging, Coping with, and Treating Invisible Injuries in the Digital Age”

POSTER SESSION – Submissions welcome!

Medical students, residents, fellows, post-docs, and junior faculty are invited to submit poster proposals.

Monetary prizes will be awarded.

Deadline – February 29, 2024

[Poster Proposal Online Form](#)