

Mental Health and Addiction Services

As the largest provider of mental health and addiction services in Minnesota, Allina Health has a long and proud history of providing care to our communities. Today, health care reform is driving significant change – and is challenging us to re-evaluate how, when and where we deliver patient care.

Significant investment in mental health care services

Allina Health Mental Health and Addiction Services is making significant investments in four key areas:

- ensuring timely patient access across a defined care continuum
- transforming care delivery through the reduction of clinical variation
- providing reliable primary care integration focused on care for the whole person – body, mind and spirit
- eliminating the stigma associated with mental illness and addiction.

Our providers and services

More than 150 mental health and addiction providers care for 100,000+ patients each year at 35 primary care clinics, five specialty care clinics and eight hospitals. Services include:

- hospital inpatient
- partial hospitalization
- assessment and referral
- day treatment
- addiction
- clinic visits
- eConsultation
- telemedicine
- and more.

Leadership support and mentorship

The Allina Health leadership team is invested in improving mental health and addiction services at every level of the organization. Leaders invite all members of the team to have a voice in how care is delivered and to help identify ways we can improve care for patients and families.

Allina Health strongly believes in mentorship. Giving our providers opportunities to develop leadership skills and drive key strategic, operational and care decisions is what make us successful and unique.

Future of integrated health, mental health and addiction services

At Allina Health, we're focused on shifting to a truly integrated model focused on whole person care – body, mind and spirit – to better anticipate the needs of our patients and involve them in care decisions on their path to recovery and wellness.

To achieve this, we're developing regional hubs embedded within primary care clinics. We're focused on providing rapid access and support for our primary care partners, expanding eConsultation groups and building new partnerships with our integrative health and wellness clinical service line, the Penny George Institute for Health and Healing.

Mary Beth Lardizabal, MD
Medical director,
child/adolescent psychiatry

"Allina Health has committed a huge amount of resources to redesigning our mental health system."

Apply today and learn more

Visit physicianjobs.allinahealth.org to view your mental health and addiction career opportunities and submit your application online or contact:

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612-262-4546

Plus, [watch a video](#) to learn more about Allina Health's investment in improving mental health and addiction care for patients and families.



allinahealth.org/careers

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