Fall CME Program Explores Cultural Psychiatry

On November 13, the Minnesota Psychiatric Society presented its 2015 Fall Educational Program, Cultural Psychiatry: Exploring Intersections and Building Bridges. Over 70 participants came together at the Vadnais Commons in Vadnais Heights, MN to explore, learn, and share.

Cultural differences may impact diagnosis of certain psychiatric diagnosis and have implications for treatment planning, adherence, and effectiveness. A recent poll of Minnesota psychiatrists revealed nearly all were interested in learning about how culture shapes illness presentation and treatment. Those who attended had an opportunity to reflect on this process with the goal of improving patient care and reducing mental health disparities. Participants gained information to improve clinical skills and better serve Minnesota’s increasingly diverse community.

The day began with the first keynote speaker, Renato Alarcon, MD, MPH, who presented *Between Don Quixote and Hamlet: Perspectives on Contemporary Cultural Psychiatry*. An emeritus Mayo psychiatrist, Dr Alarcon returned to Minnesota from Peru where he continues to practice and do research. He laid the groundwork for the conference by describing the history of cultural psychiatry as a critical ingredient of theoretical and practical components of psychiatry. He outlined the development of the teaching, clinical, and research components of contemporary cultural psychiatry, and discussed the relationships between cultural psychiatry and the social and neurobiological sciences. He was followed by Joseph J Westermeyer, MD, MPH, who offered *Ethics in Psychiatric Practice from a Sociocultural Perspective*, a topic that stirred extended discussion, and one that will be explored in detail as the focus of our Spring 2016 Scientific Session, Ethical Issues in Contemporary Psychiatry. Participants then heard from Madhuri Shors, MD, MPH, and Jerome L. Kroll, MD, who teamed to present *Searching for Clinical Reality – A Framework for Cultural Psychiatry*. Our afternoon keynote: *Culturally Appropriate Assessment: Using the DSM-5 Outline for Cultural Formulation and Cultural Formulation Interview* by Russell Lim, MD, MEd, incorporated video vignettes to engage the audience with practical clinical insights and tools. The patient panel moderated by Donald Banik, DO, MPH, was powerful, featuring two panelists telling their stories and sharing their experiences that evaluations called, “courageous.” The program highlighted promising, innovative approaches and resources, including the Fairview Imam...
It is one day before New Year’s Eve as I write this column and it is a natural time to take stock of our actions in the last year and to plan for the year in coming. In this issue our president writes about his gratitude for the hard work put forth by the psychiatry community in this last year. The year 2015 was a busy one with much work in legislative sessions, in our fall and spring meetings, in our MPS committees, and of course in our work with our patients.

Dr. Wells also alludes to embracing idleness while referencing a book about the topic. I have not read the book but it is now on my list of books to read this winter. With our cold, short days I hope to hunker down a bit to rest and recharge. We have a busy year coming up – we always do as there is always vital work to be done. We hold in high demand as psychiatrists and more for any other specialty. We can work seven days a week, if we so choose. But it is a choice. I often suggest to my patients that they make their own decisions in their lives because they are the ones who have to live with the consequences, good or bad. So, although I think many of us will choose to be active in our work, choosing to rest is also a valuable and legitimate choice. Embracing a bit of idleness is probably a good prescription for some of us. It is a part of my plan for 2016. I wish health and happiness to you all.

MPS Fall Program (Continued from pg 1)

Community Outreach Project. In Their Own Words: Training Muslim Religious Leaders to Reduce Stigma and Improve Access to Mental Health Care, presented by Ahmed Hassans, MA, LPCC, James Wisocki, PhD, Saul Alamilla, MD, PhD, from Natalis Outcomes, covered Measurement of Mental Health and Illness Across Cultures. Todd Connaught, LADC, from PRIDE Institute, shared a highly rated presentation on, Integrating the LGBT Perspective/Experience to Improve Clinical Treatment. The day concluded with the topic of Cultural Psychopharmacology presented by Galen Stahl, MD, and Bruce Field, MD.

MPS thanks the Cultural Psychiatry Committee for planning this offering. Committee members Donald Bank, DO, MPH, Chimney Culrajani, MBRP, FAPA, Madhunt Shori, MD, MPH, Sheila Specker, MD, Galen Stahl, MD, Joseph Westromeyer MD, PhD, MPH, Patrick Zhao MD, MS, and Linda Vukelich contributed many months of planning, research, cultivation, and coordination toward this successful event. Of particular note, Cultural Psychiatry Committee Chair Donald Bank, DO, MPH, deserves our gratitude for his hard work and leadership. We appreciate our exhibitors Alker- men, American Professional Agency, Inc., Orozka, Professional Risk Management Services, Inc., and our community resource partners, NAMI Minnesota, PRIDE Institute, and Natalis Outcomes. At the heart of every MPS program or event is the members who support MPS with their participation. Thank you to all who attended!

Plan on joining us on April 16, 2016 for the 2016 Spring Scientific Session, Ethics in Contemporary Psychiatry, at the American Swedish Institute in Minneapolis. If you are interested in serving on the committee, please contact the MPS office at 651-407-1873.
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ASSISTANT VICE PRESIDENT, RISK MANAGEMENT

Growing Psychiatric Specialty Health System Seeks Psychiatrists

PrairieCare, a physician-owned psychiatric healthcare system in the Minneapolis/St. Paul metropolitan area, is recruiting child, adolescent and adult psychiatrists for its Brooklyn Park, Chaska, Edina, Maple Grove, Maplewood and Rochester sites. Child/Adolescent clinical duties may include treating youth in inpatient, partial hospital, intensive outpatient, residential and clinic settings. Adult patients are served in intensive outpatient programs and busy outpatient clinics with therapist, social work and nursing support on site. Academic appointment on the faculty of the University of Minnesota Medical School possible for interested candidates. Reports to Chief Medical Officer. Requires BC/BE in Psychiatry and unrestricted license to practice medicine in Minnesota.

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ksemon@prairie-care.com
763.762.6806

Mary Regan, executive director of the Minnesota Council of Child Caring Agencies, reviewed the development of services since the passage of the Children’s Mental Health Act in 1989. Sue Aberfeld, RD, and Joanna J. Wold, MPA, reported the overview with a summary of the dynamic 2013 legislative session. It was a presentation packed with information followed by an energetic question and answer session.

One goal of the summit was to demonstrate why citizen advocates are so important and impactful by giving real-life examples of successful community advocacy.

People Incorporated CEO Jill Wiedemann-West, teamed with Nancy Homans, policy director from St. Paul Mayor Coleman’s office, to tell the story behind the hard-fought approval of a new crisis home there. Faced with misinformation and fear, advocates answered city council concerns and overcame objections with facts, well-developed services, and a record for excellence, along with active participation in city council meetings, a news conference, and strong community alliances. The result? St. Paul will have a new residential crisis home where an abandoned convent sat empty for years. Everyone wins! Advocacy in action!

Deb Cavitt, project director of the MN Association for Children’s Mental Health, shared survey results that identified gaps in service and access, ushering in a lively afternoon of creativity and interactive sessions. The sessions began with overviews from experts. Ken Wolters, PhD, reviewed the effects of recreational marijuana on the adolescent brain. Program Manager Kristi Moline described the Children’s Hospitals and Clinics of MN Telehealth Program. Rich Gerhman, appointee to the Governor’s Task Force on the Protection of Children and executive director of Safe Passage for Children of Minnesota, discussed how Minnesota’s child protection system interfaces with its mental health services.

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Pulling Together for Children’s Mental Health

(Continued from pg 3)
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Psychiatric Consultation: A Win-Win

Minnesota’s public health care programs have long allowed reimbursement for the time spent for psychiatric consultations (billing code 99499 plus modifier), but the process was so complex that it has been underutilized. That has changed.

Retroactive to April 1, 2012, Minnesota Health Care Programs (MHCP) reimburses psychiatric consultations with separate rates for the primary care physician (including APNs, PAs, pediatricians, prescribing psychiatrists receiving consultation from another psychiatrist, and any other prescriber), and the consulting psychiatrist’s components of the consultation.

If you have questions, call the MHCP Provider Call Center at 651-431-2700 or 1-800-366-5411. Information is also online at www.dhs.state.mn.us.

Reimbursement Rates:
- $32.70 reimbursement for code for primary care and general psychiatrist consultee
- $71.30 reimbursement for code for psychiatric consultant

Use the following CPT codes:

<table>
<thead>
<tr>
<th>Code</th>
<th>Modifier</th>
<th>Description</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>99499</td>
<td>RE 45</td>
<td>Primary Care Providers</td>
<td>Service performed between an out-patient psychiatric consultant and a primary care provider, for consultation or medical management of a recipient.</td>
</tr>
<tr>
<td>99499</td>
<td>RE 46</td>
<td>Primary Care Providers</td>
<td>Communication between an out-patient psychiatric consultant and a primary care provider, for consultation or medical management of a recipient.</td>
</tr>
</tbody>
</table>

Primary care providers’ billing:
- The primary care provider and consulting psychiatrist may bill separately for this service
- Use the MN-ETS R37P to bill for physician and non-physician services
- Primary care providers are allowed to bill an office visit and a consultation if appropriate
- Bill services provided on the same day using the appropriate modifier

Legal References: MS 256B.0625 subd., 48
For more information, please refer to the DHS website.
The policy advocacy and coalition building sessions gave participants time to connect, learn, and brainstorm with other passionate advocates; harnessing collective strengths to determine advocacy priorities and begin developing action steps.

The reporters’ round table introduced two reporters to an interactive discussion of the press’ role in communicating needs and concerns to their readers. Brandon Stahl and Chris Serres, reporters from the StarTribune, shared their perspectives and offered insights into ways advocates can help inform the public about mental health and our mental health system.

The day concluded with a summary session where the following priorities were determined:

- Mental health parity
- Fragmentation of services
- Child protection
- Family system issues
- Cultural considerations
- Access to care needs

The MSCAP website now hosts a forum page for continued discussion, sharing of information, and work on our priorities. All are invited to view summit materials there and to join in as we move forward, pulling together for children’s mental health. Please go to www.MSCAP.org/advocacy to participate.

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Congratulations New APA Fellows!

David Canderholm, MD  |  Chhabi Lall T Sharma, MD
Daniel Kevin Flavin, MD |  Israel O Sokeye MD
Charles Brien Godfrey MD |  Joshua David Stein, MD
Wei Guan, MD, PhD       |  Eduardo D Trinidad, MD
Benjamin Lane Hersey, MD|  Mark Tsibulsky MD
Steven Henry Lutwick, MD|  Mark Douglas Williams MD
Gavin P Meaney, MD      |  Janet Adele Zander MD
Jeffrey B Sawyer MD     |  

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CALENDAR

January 20, 2016  MSCAP Winter Social Event
PrairieCare Institute, Minneapolis, MN
www.MSCAP.org  651-407-1873

February 9, 2016  MSCAP Dinner Event
Natalis Counseling & Psychology Solutions, St Paul, MN
www.MSCAP.org  651-407-1873

March 12, 2016  MPS Council Meeting - MAA Offices, Minneapolis, MN
www.MSCAP.org  651-407-1873

March 23, 2016  Minnesota Medical Association Day at the Capitol

March 31, 2016  Mental Health Legislative Network Day on the Hill
www.NAMhelps.org  651-645-2948

April 16, 2016  MPS Spring Scientific Meeting
SAVE THE DATE! Ethical Issues in Psychiatry for 2016
American Swedish Institute, Minneapolis, MN