MPS Elections: Meet Our Candidates

In 2017, MPS members will elect a President Elect, Secretary-Treasurer, Early Career Representative, APA Assembly Representative and Deputy Representative, and two Councilors. Candidate statements are in this issue, along with your ballot. Vote by March 15.

President Elect
Michael Trangle, MD

Initially, I was a bit surprised and certainly honored when asked to run for president of the MN Psych Society. I thought about it further and the challenges facing MPS gradually sunk in:

- Better engaging our psychiatric colleagues – both current and potential MPS members.
- Building upon the great work of current MPS leaders to have MPS’ voice grow into a potent motivator for the legislature and DHFS to better meet the needs of our patients.
- Meeting the challenge of psychologists lobbying for prescriptive privileges.
- The need to make the Maintenance of Certification (MOC) processes more efficient, simpler, and less expensive in time and effort.
- Increasing strategies of psychiatric workforce which are exacerbated by recent Federal rule changes which have decreased access for immigrants.
- The shortage of psychiatric residents and fellows.

As someone who has spent most of my life in Minnesota (my formative years, University

Secretary-Treasurer
Carrie Parente, MD

It is with pleasure that I submit my candidacy for secretary-treasurer for the Minnesota Psychiatric Society. I have been secretary-treasurer for MPS for the past two years, and a councilor for several years prior. I have been practicing psychiatry in Minnesota for over 11 years since graduating from the University of Minnesota Psychiatry Residency Program in 2005, where I served as chief resident. I split my week between my fee-based solo practice in Wayzata, and community-based contract work with Carver County Mental Health (First Street Center in Waconia). I worked at the VA for a number of years using telemedicine to care for veterans on the Iron Range. First Street Center also utilizes telemedicine in caring for inmates at the Carver County jail. My practice affords me a great diversity of patients, both socioeconomically and medically. Prior to entering medical school I earned a MS in public policy analysis and worked in health information technology.

We are facing rapid, inevitable changes in the funding and delivery of healthcare. I believe
Advocacy

Joel Oberstar, MD
MPS President

Psychiatrists are not only clinicians trained to help patients in need, we are also potent advocates for them in myriad arenas. One critical role we must play as a professional society is that of patient advocate at the legislature, where hundreds of bills are introduced each biennium impacting Minnesota’s mental healthcare system. In furtherance of our advocacy efforts, the Council has relied heavily on the Legislative Committee and our political consultant/lobbyist, Dominic Sposato, to set the MPS legislative priorities for the first half of the 2017-2018 biennium. While there are easily a dozen potential legislative topics of interest to our Society’s members and patients, the Council has elected to dedicate resources to just a few, focusing on major initiatives like ensuring patient- and psychiatrist-friendly prior authorization processes (PA) for prescription medication. Many have seen the effects of time-consuming and overly burdensome PA processes and MPS is pleased to work with the Minnesota Medical Association and others in the Fix PA Now! coalition (fixpanow.com). Ensuring a rational PA system will benefit us all.

Supporting medical students who have an interest in psychiatry has also been a focus of our Society over the years, particularly through the Gloria Segal Award, which recognizes medical students of exceptional quality and with strong interest in psychiatry. For over two decades, Maurice Dyksen, MD, has lead this effort; he has now expressed a desire to transition out of this leadership position. Please join me in thanking Dr. Dyksen for his service over these many years! I am pleased to announce that John Vuchetich, MD, PhD, has agreed to take over this important duty. Dr. Vuchetich has had extensive experience working with medical students at UMN and currently supervises residents rotating on Assertive Community Treatment teams in the metro.

In closing, I thank all of you who responded to our survey regarding those things MPS does well, not so well, and not at all. Your candid feedback is critical to the early stages of strategic planning currently underway. Those who haven’t yet responded may continue to do so through the electronic link you should have received earlier; feel free also to email me (joberstar@pacific-care.com) directly with your thoughts/comments/feedback!

Lastly, please join me in expressing appreciation to Lloyd Wells, MD, who chaired the nominating committee that generated the slate of nominees before you at this time. Dr. Wells and the committee have put forth a commendable slate of leaders and advocates for your consideration. Their willingness to serve is inspiring to us all!
I consider individual donations, which have broader limits; we have a maximum. Some candidates encourage MPS members to then participate in the PAC by making a membership contribution. It is important that MPS members are “PAC’ed out,” having already received their PAC contribution form. Any amount serves as your bona fide membership intent; our goal is to rapidly restock our MPS-PAC coffers for the next election cycle and maintain a biopsychosocial view of them. My clinical practice includes geriatric psychiatry, and hospice and palliative medicine.

During my residency and fellowship, I served as the MPS Member-In-Training Representative, and also chaired the Resident Fellow Section of the Minnesota Medical Association. As an early career psychiatrist, I served for four years as the MPS ECP Deputy Representative and subsequently ECP representative to Area IV APA Assembly. Serving in the capacity of APA Assembly Representative in the past two years has given me an understanding of the Assembly processes by which issues related to mental health across the country are addressed, whether advocating for the profession or for patients, and how and what actions are taken to address these issues. My involvement as an assembly member has made me realize how the APA and district branches work hand in hand in tackling issues to help shape policies that will ultimately improve patient care and how we practice our professions. It is a honor to represent the state of Minnesota on the Assembly.

Assembly Representative
Maria Lapid, MD

It is my honor to be nominated for a second term as the MPS Assembly Representative to the APA. I completed psychiatry residency at the Mayo Clinic and geriatric psychiatry fellowship at the University of Minnesota/VA Minneapolis, and have been on staff at the Mayo Clinic Rochester since 2003. I am currently a professor of psychiatry at the Mayo Clinic College of Medicine and Science and program director of the geriatric psychiatry fellowship. My clinical practice includes geriatric psychiatry, and hospice and palliative medicine.

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Assembly Representative
Dionne Hart, MD

My name is Dionne Hart. I’m an adult psychiatrist and a current representative to the APA assembly. As MN assembly representative, I’ve been honored to advocate for patients with mental illnesses and our profession. I’ve authored multiple resolutions focused upon the shortage of psychiatrists, scope of practice, mental care within correctional settings, gun safety, and improving the confidentiality of prescription drug monitoring programs. One assembly member recently described me as “unflappable when providing powerful testimony and always receptive to feedback from peers”.

I have used my tenure to address issues of stigma, health care disparities, homophobia, and gender inequality while promoting justice in health care. For example, I planned multiple community discussions focused upon mental health access. In addition, I was appointed to multiple APA committees and served as a mentor to other assembly members. If re-elected, I will continue to my role as advocate as an assembly representative but also as the Minnesota Medical Association’s Board of Trustees’ first African American trustee and AMA delegate. My goals for the next three years include addressing the shortage of psychiatrists in rural areas, increasing the active participation of Southeastern MN psychiatrists in MPS, and meeting with legislators to protect our patients.

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Assembly Representative and Deputy Assembly Representative -
(Vote for 1) The candidate with the most votes will serve as Assembly Representative, and the other will serve as Deputy Representative representing MPS if the Assembly Representative cannot attend.

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VOTE! RETURN THE ENCLOSED BALLOT BY MARCH 15.
ANNOUNCING NEW ENHANCEMENTS TO THE AMERICAN PSYCHIATRIC ASSOCIATION PSYCHIATRISTS’ PROFESSIONAL LIABILITY PROGRAM:

- Defense Expenses related to Licensing Board Hearings and Other Proceedings: Increased Limits to $50,000 per proceeding with NO annual aggregate (higher limits are available up to $150,000)
- Fire Legal Liability Coverage: Limit of liability increased to $150,000 for fire damage to third party property
- Emergency Aid Coverage: Reimbursement up to $15,000 in costs and expenses for medical supplies

IN ADDITION WE CONTINUE TO OFFER THE FOLLOWING MULTIPLE PREMIUM DISCOUNTS:

- 50% Resident-Fellow Member Discount
- Up to 50% New Doctor Discount (for those who qualify)
- 50% Part Time Discount for up to 20 client hours a week or less
- 10% New Policyholder Discount (must be claims free for the last 6 months)
- 15% Child and Adolescent Psychiatrist Discount for those whose patient base is more than 50% Children and Adolescents
- 10% Claims Free Discount for those practicing 10 years, after completion of training, and remain claims free
- 5% Risk Management Discount for 5 hours of CME

(More Coverage Features and Discounts are subject to individual states approval)

Visit us at apamalpractice.com or call 877.740.1777 to learn more.
Key Differences Between Psychiatrists and Psychologists

Differences That Matter

Psychologists are not medical doctors and under legislative proposals to allow certain psychologists to prescribe medications, would not be required to get the training necessary to safely prescribe powerful medications.

- Psychiatrists are medical doctors (M.D.s) with up to 12 years of medical training in biology, anatomy, microbiology, pharmacology, chemistry and the other biomedical coursework. Also included are clinical rotations and training, medical internship and four years of residency learning.

- Psychologists are trained to test for deficits in psychological functions and human behavior. They focus on behavioral change through talk therapy, not underlying biological causes and problems.

Requirements for the Practice of Medicine are Increasing

- A crash course in prescribing cannot substitute for the comprehensive knowledge and skills physicians achieve through medical education and rigorous clinical experience.

- Non-physician professionals who do prescribe (e.g., nurse practitioners, physician assistants) have significantly more medical training than what the psychologists propose for themselves. These non-physician providers also generally require strong supervision and have limits on the types of drugs that can be prescribed.

- Lowering standards to prescribe is a dangerous and costly venture. These proposals often place licensure regulation of proposed “medical psychologists” or “prescribing psychologists” under state psychology boards that lack the necessary medical expertise to oversee and ensure safe practice and standards of care.

Biomedical Training is Necessary to Prescribe Safely

<table>
<thead>
<tr>
<th>Biomedical Training</th>
<th>Prescriptive Authority</th>
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<tbody>
<tr>
<td>Psychologists</td>
<td>Must have a medical degree</td>
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<tr>
<td>Nurse Practitioners</td>
<td>Must have a medical degree</td>
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<tr>
<td>Physician Assistants</td>
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Prescribing Can’t Be Taught In Just Ten Weeks

to diagnose mental and physical disease and prescribe medications to treat illnesses.

- Psychiatrists have an academic degree (PsyD or Ph.D.) in the study of psychology and human behavior. They do not have the underpinnings of any medical coursework. They may do an internship that is generally performed at counseling centers or schools.

- Psychiatrists are trained to review medical records, examine patients, order and analyze appropriate lab reports and determine if an illness is actually the manifestation of an underlying medical-mental illness.
New Employment Contracting Resources Available

The MMA has posted new resources for physicians that will help them know what to expect, and how to approach some common terms, pitfalls and opportunities in physician contracts. Specifically, the resources include common components in a contract, frequently asked questions on restrictive covenants, and the dos and don'ts of negotiating. For more information, go to www.MnMed.org and search for “Physician Employment Contracting.”

DHS Site Details Impact ACA Repeal Could Have on Minnesota

As the future of the Affordable Care Act is debated in Washington, DC, many are wondering what impact it will have on Minnesotans. The Minnesota Department of Human Services has created a website to answer that question.

Minnesota Health Professional Loan Forgiveness

Minnesota’s Loan Forgiveness Program recruits and retains health care professionals to needed areas and facilities within Minnesota. The application cycle begins in November and closes Friday, January 6, 2017, at 5 pm CST. Selections are made based on suitability for practice as indicated by personal and professional experience and training noted on an application, as well as other relevant factors. Psychiatrists are eligible to receive $12,000 annually. For more information, contact the Minnesota Department of Health Health Policy Division, Office of Rural Health & Primary Care.
Address Service Requested.

Evaluate New Tech on APA’s Mental Health Apps Page

Dozens of health care management apps are available, and deciding which, if any, to use can be confusing. APA is helping psychiatrists navigate mobile health technologies to determine whether an app will work for you and your patients. This resource includes information on how to evaluate apps and opportunities for additional guidance.

2016-2017 100% Club Announced

2017 marked another great year for the 100% Club – with more than 100 residency programs meeting the requirements to be recognized for the 2016-2017 year. In addition to the benefits of membership, 100% Club residents and their programs receive exclusive benefits like a practice resource gift, chief resident welcome kits, and access to free SET for Success for the program director.

Congratulations to Minnesota’s 100% Club Gold Award Winner - the University of Minnesota Psychiatry Residency Program, and to the Hennepin-Regions Psychiatry Residency Program for achieving Bronze Status for 2016-2017. The future of psychiatry rests with trainees, and Minnesota has the best! We are grateful to our RFM Representatives on the MPS Council. They are Drs. Ben Braus, Laura Pientka, and Steve Talsness, and each actively represent the resident fellow perspective.

2017 APA Annual Meeting Registration Now Open

Join us at this year’s Annual Meeting in San Diego from May 20-24, 2017. APA’s Annual Meeting is the premier psychiatry event of the year. With over 450 educational sessions and courses, there is no better event to help you expand your knowledge, network, and meet certification and licensure requirements. Members receive a steep discount on registration.

Link: http://psychiatry.org/psychiatrists/meetings/annual-meeting

March 11, 2017
MPS Council Meeting PrairieCare Institute

March 15, 2017
MSCAP Dinner Event Muffuletta Restaurant
www.MSCAP.org, 651-407-1873

May 6, 2017
MPS Council Meeting PrairieCare Institute

May 20-24, 2017
APA Annual Meeting San Diego CA

For Calendar Updates, go to www.mpsychsoc.org

MPS Council Meetings are Open to Members

L to R: Dominic Sposeto; Dione Hart, Josh Stein, Jimmy Ching, Joel Oberstar, Rana Elmaghraby, George Realmuto, Sophia Vinogradov, Ben Braus, Laura Pientka, Matt Kruse, Patty Dickmann, Paul Goering, and Lloyd Wells. Call 651-407-1873 for more information.