2017 MPS Award Winners Recognized at the Annual Recognition Dinner!

It was another beautiful evening focused on the accomplishments and recognition of MPS members whose contributions uphold high standards and elevate MPS and Minnesota psychiatry to excellence. The first awards of the evening were presented by Maurice Dysken, MD, DLFAPA, and John Vuchetich, MD, PhD, to whom the Gloria Segal Scholarship baton is being passed after 25 years. Dr. Vuchetich thanked Dr Dysken for his leadership over the years and support during the transition. He then introduced the two 2017 Gloria Segal Medical Student Scholarship Award winners. Both were profiled in the 2017-3 issue of Ideas of Reference. (However, the photos were mislabeled, so please refer the photos used here for reference). They were Leah Schmelkin from the Mayo Graduate School of Medicine, and Ricci Lee Bender from the University of Minnesota Medical School.

Deanna Bass, MD, was named MPS 2017 Psychiatrist of the Year at the recognition dinner. The members of the Minnesota Psychiatric Society, and especially current and former trainees of hers, were pleased to honor her as someone who goes the extra mile in practice and as an educator, exemplifying the best psychiatry has to offer. This award is especially meaningful because nominations come directly from peers in the psychiatric community.

The original nomination came from Kaz Nelson, MD, who described Dr Bass as an articulate consultant, a creative educator, and extraordinary practitioner. She also heralded her contributions as Associate Psychiatry Residency Program Director and accessible mentor. The mention of her name drew immediate affirmations from members of the Council during the review of nominees. It was obvious to the casual observer that the impact she had on trainees was meaningful, encouraging, and energizing – especially when you consider there were no less than a dozen on hand to honor and thank her. MPS is happy to be able to recognize Dr. Bass in gratitude for her contributions over the years.

S. Charles Schulz, MD, DLFAPA, was presented with a Special Recognition Award by MPS for his years of tireless service and commitment not only as the head of the Department of Psychiatry at the University of Minnesota Medical School, but to the greater community from 1999 to 2015. Presenters George Realmuto, MD, and Matt Kruse, MD, gratefully acknowledged his remarkable record of accomplishments before and during his tenure:

Dr. Schulz’s devotion to psychiatry, allegiance to the Department of Psychiatry, University of Minnesota Medical School, and the University, and his commitment to advocacy on behalf of the mental health community were mentioned as hallmarks of his distinguished career.

(Continued on Page 5)
Editor’s Column
Allison Holt, MD

All MPS members are invited to a strategic planning session on September 9th, which will take place during the MPS council meeting. We will meet from 9 am to noon at PrairieCare, located at 1934 Hennepin Avenue, Suite 300, Minneapolis, MN 55403. This is a time for all MPS members to meet directly with council members to share priorities, needs, and ideas for future growth. We know we can’t be all things to all people, but this is part of an effort to make MPS reflect the diverse needs of the Minnesota psychiatric community, and unify on objectives that will further the health of ourselves as individual psychiatrists, our patients, and our psychiatric community as a whole. We hope you will join us and let your voice be heard.

We added a new column to our newsletter that will call-out successes of our MPS members. We have so much talent in Minnesota and we don’t want to overlook those who are advancing our field. Please send your recommendations to Linda Vukelich.

Senate Confirmations Victory for Psychiatry and Public Health

On August 3, the Senate confirmed the nominations of Dr. Elinore McCance-Katz for Assistant Secretary for Mental Health and Substance Use and Dr. Jerome Adams for Surgeon General.

This is a victory for psychiatry and public health. Since the beginning, APA has strongly supported the nominations of both of these appointees. APA has worked tirelessly, meeting with legislators, other stakeholders, and administration personnel to galvanize support behind their nominations.

Dr. McCance-Katz is an APA member who is currently the Chief Medical Officer for the Rhode Island Department of Behavioral Healthcare, Developmental Disabilities, and Hospitals. She is also a professor of psychiatry and human behavior and professor of behavioral and social sciences at the Alpert Medical School at Brown University. She previously held the position of Chief Medical Officer at the Substance Abuse and Mental Health and Services Administration (SAMHSA).

Dr. Adams is an anesthesiologist who has served as the Indiana State Health Commissioner since 2014. In this role he once spearheaded an effort to contain an HIV outbreak related to opioid misuse by launching the state’s first needle exchange program. He is also a clinical professor at the Indiana University School of Medicine and is committed to working on efforts to address the nation’s opioid epidemic.

APA is pleased that these two outstanding physicians were confirmed and looks forward to working with them both to advance the field of psychiatry and our patients.
Critical Time for Our Voice

Paul Goering, MD, DFAPA
MPS President

Recently, MPS received an invitation from the MMA to submit suggestions for Action Papers for its Annual Meeting. Action Papers can guide the MMA in policy and resource decisions. Carefully considering the opportunities, MPS Executive Committee members began weighing in on the issues of the day; an opportunity to work with all of medicine to forge a brighter future for all patients. This got me thinking – in 2007, the MMA convened the Psychiatric Bed/Patient Diversion Task Force workgroup which included MPS members. The workgroup issued a report describing how to improve the situation for patients who had difficulty accessing psychiatric care. Its broad recommendations defined three success metrics:

- Reduce the wait time for psychiatry beds to 6 hours.
- Admit patients within 20 miles from home in the metro, and within 60 miles in rural areas.
- Reduce the wait time for AMRTC to 2 weeks or less for committed patients.

In the decade that followed, we have failed on all of these measures. This has not been for lack of effort. In the last 3 years alone there has been intense attention and effort, not only by MPS, from multiple agencies, including the following:

- The Legislative Auditors report.
- The Minnesota Hospital Association’s focus on inpatient discharge delays.
- The Governor’s Task Force on Mental Health and its effort to address development of a comprehensive continuum.
- The collaborative work of ICSI, recently charted by the CEO’s of the largest healthcare systems in the state, to share resources with the goal of impacting mental health care and addiction care.

I wish I could report that these efforts, in fact, delivered change. But having been part of the work in 2007, and the work today, our challenges have only grown.

Hold this, if you will, in contrast to what the state and our medical community achieved in Minnesota in 2014/15. At that time we were faced with the potential of an ebola epidemic. To prepare, the state led a multiagency effort to develop regional ebola triage and treatment sites. It was a remarkable goal that many said could not be done. In fact, these were created. This dramatically shows what laser focused effort can produce, although not a single case of ebola was treated. If only we could do for our patients, who unlike ebola patients, suffer in Minnesota daily.

I see this as a dramatic example of the kind of challenge I mentioned in the last newsletter. The problems that face our members and patients are immense. While we did a great job in 2007 developing a recommendation, we did not sustain the attention to achieve the outcomes we aspired to.

This brings me back to the present. As you know the Council and executive committee endorsed developing a strategic plan to prepare us for the complex challenges we face. We started with a survey to gather input from MPS members. Let me share a few updates. We have identified a facilitator to help us through that process. Linda Vukelich, Michael Trangle, and I will be meeting with him to review our needs and his confidence in helping us. Additionally, Linda and Joel Oberstar have helped us complete an APA Innovation Grant Application to potentially support this work. Finally, we will be updating the executive committee to assure our plans to complete this strategic planning event in 2017 are successful.

Gubernatorial Forums to Focus on Health Care — October 17 and 23, 2017

The Minnesota Medical Association (MMA) and Zumbro Valley Medical Society (ZVMS) will host gubernatorial forums this fall in Rochester at the Rochester Community and Technical College (RCTC), Heintz Center Commons, 1926 Collegeview Rd E.

The DFL event will be Tuesday, Oct. 17; the GOP forum will be Monday, Oct. 23. Each forum will occur from 7 to 8:30 p.m. Both events, which will focus on health care in Minnesota, are free and open to the public.

For more information, contact Beth Kangas, ZVMS Executive Director, kangas.beth@zvms.org.

SAVE THE DATE: SATURDAY, NOVEMBER 11, 2017 - MPS FALL EDUCATIONAL MEETING

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Lloyd Wells, MD, was gratefully acknowledged for his MPS Presidential Service from 2016 to 2017. Dr. Wells’ quiet resolve to address issues of leadership and respond with clarity and purpose were great assets to MPS during his tenure. He worked side-by-side with the president elect and past president to assure continuity in leadership. Dr Wells is unflappable, and helpful to incoming leadership during transitional times.

Minnesota Representative Nick Zerwas received the 2017 Paul Wellstone Advocacy Award for his advocacy on behalf of patients with mental illness – especially those in jails and prisons. The Paul Wellstone Advocacy is presented to individuals who have advocated for Minnesotans with mental illness. The award honors the memory of Senator Paul Wellstone, a man of action and integrity who always fought for the underdog. We remember Senator Wellstone, a beloved advocate for justice and activism, by selecting award recipients whose contributions personify him.

Representative Zerwas’ contributions to mental health as a legislator and advocate have taken considerable effort and commitment, and are part of the reason MPS chose to honor him. Their significance to the mental health community is also important. His heroic efforts to curtail solitary confinement and its effects on prisoners’ mental health is particularly salient. In addition, Representative Zerwas’ focus on keeping doctors and patients central to health care delivery’s core is something that MPS members and their patients hold dear.

Attendees heard from Joel Oberstar, MD, DFAPA, as he concluded his term as MPS President, and introduced incoming MPS President Paul Goering, MD, DFAPA. Dr. Goering noted plans to address issues important to psychiatry in Minnesota as part of a fully-developed strategic planning process initiated by Dr. Oberstar.

The Keynote address capped off the 2017 MPS Annual Recognition Dinner. APA President Anita Everett shared her insights about professionalism and service to the professional association, and talked about why she does what she does and how the APA has been a resource across her career. She encouraged everyone, especially those in training, to get involved and make the most out of membership.

NAMI Walks September 23!
Join the MPS Stigma Stompers at the NAMIWalks in Rochester and Minneapolis on Saturday, September 23! REPRESENT PSYCHIATRY – Go to the MPS booth, for your Psychiatrist Advocate pin to wear!
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Abbott Northwestern “Medicine Ball”— Remembering Vincent

The annual Abbott Northwestern Hospital Foundation’s Medicine Ball will be a benefit for Mental Health and Addiction Services this year. “Starry Night” will be held on the evening of Sep. 23, 2017, and its goal is to raise $1 million for the hospital’s mental health and addiction programs. Its theme is a subtle nod to Vincent van Gogh, an artist who faced significant mental health challenges, all while he was creating art the world now cherishes.

The Abbott-Northwestern Hospital Foundation has broad community support, with a record of extensive fundraising for other hospital programs, but this is the first time there has been a mental health focus. Much of the goal has already been raised through advanced registration, but a substantial amount remains.

In this day and age of underfunding, lack of psychiatric beds, 2-4 day stays in emergency rooms, etc., programmatic support such as this is extremely valuable for the entire metropolitan psychiatric community. With this in mind, all metro psychiatrists are invited to attend the Starry Night benefit. There will be several tables sponsored by psychiatrists, and individual tickets are $500, almost entirely tax deductible.

The benefit is being held at the Minneapolis Hilton—it is an all-inclusive event with complimentary valet service or self-parking and a hosted bar. There will be no auctions or raffles. The event will be hosted by KSTP weatherman Ken Barlow and will feature the work of Abbott Northwestern’s mental health team. The meal will include elements of the French country dishes of van Gogh’s era.

For more information, or to obtain a ticket, contact the Abbott Northwestern Hospital Foundation at 612-863-4126 or email Kirsten Yeager at kirsten.yeager@allina.com. Also, you may contact Deane Manolis, MD at 952-270-7657 and deanemanolis@mac.com, or Elizabeth LaRusso, MD at 612-863-3451 and elizabeth.larusso@allina.com.

MPS Spring Scientific Program Recap

The Spring Scientific Program, “Psychiatric Services & Integrated Care: The Multiplier Effect,” was held on June 16, 2017 at the hotel Minneapolis.

The course included a combination of didactics and interactive exercises to help psychiatrists build the skills necessary to leverage their expertise in the Collaborative Care model, the integrated care approach with the strongest evidence base. It described the delivery of mental health care in primary care settings with a focus on the evidence-base, guiding principles and practical skills needed to function as a primary care consulting psychiatrist. Topics included supporting accountable care, leadership essentials, and an introduction to implementation strategies. This live educational format also allowed participants to hear about programs that could be adapted to replicate, a forum to connect with experts, other psychiatrists, and mental health providers, and learn about pitfalls and possibilities of implementing integrated psychiatric care into other medical settings.

Expert trainers in the Collaborative Care Model, as part of the Centers for Medicare and Medicaid Services (CMS) Transforming Clinical Practice Initiative (TCPI), provided a workshop emphasizing the key elements of the team-driven, population-focused, measurement-guided, and evidence-based model emphasizing tools and resources for practice redesign. The afternoon was supported by funding from the US Department of Health & Human Services, Centers for Medicare & Medicaid. Attendees walked away from the course with increased knowledge, motivation, and practical strategies for mental health care in the primary care setting.

The day-long program began with a panel discussion on Integrative Care: Minnesota Best Practices — Moderator and MPS President Joel Oberstar, MD, joined David Katzelnick, MD; Mayo Clinic, Adam Klapperich, DO; Psychiatric Assistance Line, Deanna Bass, MD; University of Minnesota, and Stamatis Zeris, MD; Hennepin County Medical Center who all discussed their program models and described their “building blocks.” Michael Farnsworth, MD, covered telemedicine, and APA President Anita Everett, MD, presented on management of ethical issues in team care.

A 2017 book Passion for Patients (written with Dave Racer) tells the story of Dr. Lee Beecher’s 42 year independent psychiatric practice and long-standing mental health APA and community advocacy. Go to Leebeecher.com for book reviews, Chapter summaries, policy recommendations for future patient-centered care, and to buy the book.

Advertisement
Congratulations, MPS Members!

This is a new regular column. Please share your accomplishments and recognitions with MPS. Email Linda Vukelich (L.Vukelich@comcast.net) today.

- Dr. Eduardo Colon & Dr. Dionne Hart have been selected to receive Exemplary Psychiatrist Awards by the National Alliance on Mental Illness (NAMI). NAMI Minnesota Executive Director Sue Abderholden will present the awards at the August 23 MSCAP MPS Residents Caucus Event at Lynlake Brewery in Minneapolis (see calendar below for details).
- Deanna Bass, MD was named MPS 2017 Psychiatrist of the Year.
- S. Charles Schulz, MD was presented with a Special Recognition Award by MPS for his lifelong contributions.
- Lloyd Wells, MD MPS gratefully acknowledged Dr Wells for his Presidential Service.
- Lee Beecher, MD has published a book entitled, Passion for Patients.
- Kaz Nelson, MD (University of Minnesota Department of Psychiatry Residency Director and Vice-Chair for Education), has been awarded along with Drs. Matt Chafee and Michael Howell, the 2017-18 Innovation Award from the Office of Medical Education, by the Office of Undergraduate Medical Education at the University of Minnesota, for their proposal to integrate the Howell Neuroscience Curriculum across medical school levels.
- Matej Bajzer, MD joined he University of Minnesota Department of Psychiatry faculty August 1. His clinical responsibilities will include adult inpatient care, TMS, and clinical service with the ECT Program.

CALENDAR

September 9, 2017 9 am - noon
MPS Council Meeting PrairieCare Institute

September 12-15, 2017
MACMHP Conference Leading the Way to Whole Person Care, Featuring MARRCH Sessions
St Paul RiverCentre, St Paul, MN  www.macmhp.org
Contact Ashley Driste 612-213-2300, x 118

September 23, 2017 11:30 am - 3 pm
NAMIWalks at Minnehaha Park, Minneapolis, MN
Contact Carrie Borchardt, MD, MPS Stigma Stompers Team Captain or MPS 651-407-1873

September 23, 2017 11:30 am - 3 pm
NAMIWalks at Rochester Community & Technical College, Rochester, MN
Contact MPS 651-407-1873

October 19-22, 2017
IPS: The Mental Health Services Conference
2017 Theme: Enhancing Access & Effective Care
New Orleans, LA
www.psychiatry.org, 703-907-7300

SAVE THE DATE!
Saturday, November 11, 2017
MPS Fall Educational Meeting – Forensic Psychiatry: Investigation & Application in Practice
Minnesota Humanities Center, St Paul, MN

For Calendar Updates, go to www.mnpsychsoc.org

There is a monthly credit card payment option for APA/MPS dues payments. Call 1-800-35PSYCH or go to www.psych.org.