

I am incredibly grateful to have received this award and honor. The financial support allowed me to travel to Chicago for the Biennial Perinatal Mental Health Conference and partake in a psychopharmacology workshop as well as the standard conference program. In addition to the obvious knowledge I obtained, I was also able to form relationships with other mental health professionals (both regionally and nationally) working in the field and identify potential collaboration opportunities.

One of the conference sessions discussed the reproductive task force initiative for furthering education in the field of reproductive psychiatry. Members of the task force piloted one of their modules in their education platform which was very well received and was noted to be a practical and effective way in which to disseminate knowledge to providers and trainees. In fact, I hope to bring this platform to the University of MN and incorporate into our existing didactics. Since the conference, I have joined the task force and will be contributing to this educational mission. This conference has also generated additional ideas for the upcoming reproductive psychiatry educational seminar at the University as well as provide a framework for what content should be included.

It is in the spirit of Dr. Brown's passion for education that I will be developing the educational seminar as well as enhance our resident curriculum.