



Minnesota Psychiatric Society Spring Meetings

**Saturday, April 30, 2022**

8am-5:15pm Symposium, 5:15-7:45pm Recognition Dinner

**Minneapolis Golf Club**

## *Impacting Social Determinants of Mental Health*

### Featured Speakers



Dionne Hart, MD, DFAPA



Sheila Specker, MD, DFAPA



Gregory Kemp, CPRSI



Nathan Chomilo, MD



Vivian Pender, MD, DLFAPA



Matt Kruse, MD, FAPA



Jonas Attilus, MD



Sonya Meyer, MS



Javier Ortiz Orendain, MD



William McDade, MD, PhD



Monica Taylor-Desir, MD, DFAPA



Bill Nieman, JD



Eduardo Colon, MD



Kari Haley, MD



Jimmy Bellamy



Candace Hanson, MA, LPCC



Anne Johnson, MSW, LICSW



Ezra Griffith, MD, DLFAPA

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### Overview

Since the COVID-19 pandemic began, we have gained a deeper understanding of the extent to which we are interconnected. We collectively made sacrifices and adjustments in our lives to mitigate COVID-19 infections to safeguard the health of ourselves, family members, members of our community, and strangers. Our personal sacrifice benefited all of Minnesota by decreasing the number of projected deaths and infections, but we also witnessed mental health disorders resulting from isolation, stress, and poor coping strategies. Finally, we also grappled with our status as ground zero for a social uprising watching Minnesota become more well known for division and unrest than home of several Fortune 500 companies, 10,000 lakes, theater, and innovate health care.

We are convening the community of physicians, professionals, and neighbors to rebuild, restructure, and reimagine the Minnesota mental health system. We intend to discuss mental health access and treatment in the context of external factors such as housing, legal barriers, education, and media. These factors known as the social determinants of health will be integrated into every discussion just as our patient's health is amalgamation of all of these factors. To achieve this goal, members of the Program Committee designed an educational program focused on building a strong mental health community based on collaboration with each other, stakeholders, and advocates.



**Minneapolis Golf Club**

**2001 Flag Avenue, St Louis Park, MN 55426**

## Educational Objectives – At the end of the educational activity, the learner will be able to:

- Describe effective engagement strategies and essential elements of clinical care for optimal outcomes for psychiatric patients in marginalized, underserved, culturally diverse communities.
- Examine longitudinal impact of multiple biases on health care infrastructure, access, and innovation.
- Assess best practices for improving health care provider educational and professional diversity and opportunity.
- Formulate ways health care providers can redefine their role in terms of public health outreach and education.

## Program Agenda (Shaded components not for CME)

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7:30-8:00 am	Check-In / Continental Breakfast / Exhibits
8:00-9:00 am	<b>MPS President Welcome &amp; MPS Business Meeting</b> , MPS President Chinmoy Gulrajani, MD, DFAPA <u>Live Membership vote</u> (Remote participation available. Registration required.)
9:00-9:15 am	<b>Opening Remarks – Overview</b> , Planning Committee Chair Dionne Hart, MD, DFAPA
9:15-9:45 am	<b>What’s TCRP? Why does it matter?</b> , Gregory Kemp, CPRSI; Sheila Specker, MD, DFAPA
9:45-10:00am	BREAK, Exhibits
10:00-11:00am	<b>Racism, Not Race is the Risk Factor: The (mis)Use of Race in Medicine</b> Nathan Chomilo, MD, FAAP, FACP
11:00am-12:00pm	<b>Social Determinants of Mental Health: Clinical, Education, Research, &amp; Policy Considerations</b> Vivian Pender, MD, DFAPA
12:00-12:15pm	<b>Special Recognition &amp; Celebration for Judith Kashtan, MD, DLFAPA</b> , Allison Holt, MD
12:15-1:00pm	LUNCH, Exhibits
1:00-2:00pm	<b>Flash Talks – What is the next generation of psychiatrists passionate about?</b> Javier Ortiz Orendain, MD; Sonya Meyer, MS, Jonas Attilus, MD; Moderator Matt Kruse, MD, FAPA
2:00-3:00pm	<b>Diversity in Graduate Medical Education</b> , William A. McDade, MD, PhD
3:00-3:15pm	BREAK, Exhibits
3:15-4:15pm	<b>Health Disparities Panel - ACT Lessons and Commitment Considerations</b> , Monica Taylor-Desir, MD, DFAPA; Bill Neiman, JD; Moderator: Eduardo Colón Navarro, MD
4:15-4:45pm	<b>The Creation of a Podcast: Using media to advance health topics</b> Kari Haley, MD; Jimmy Bellamy
4:45-5:15pm	<b>Mental Health Outreach - Roots Crisis Team, Canopy Health</b> Candace Hanson, MA, LPCC; Anne Johnson, MSW, LICSW

## EVENING PROGRAM (5:15 pm – 7:45 pm)

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5:15-6:15PM	Reception & Awards Presentations, MPS President Chinmoy Gulrajani, MD, DFAPA
6:16-6:45pm	DINNER
6:45-7:45pm	Keynote: <b>Maintaining Human Dignity in Clinical Work</b> , Ezra Griffith, MD, DLFAPA

### Who Should Attend?

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This educational activity is intended for psychiatrists, primary care physicians, emergency physicians, psychologists, social workers, physician assistants, registered nurses, advance practice nurses, compliance officers and clinic administrators. All mental health professionals and general health professionals are welcome, including students and residents.

### Exhibitors

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Allina Health ▪ APA Inc ▪ CentraCare ▪ M Health Fairview  
Minnesota Health Community Foundation & FastTrackerMN.org ▪ Professional Risk Management Services ▪

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## Featured Speakers

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### Keynote Speakers:



**Vivian Pender, MD, DLFAPA**



**Ezra Griffith, MD, DLFAPA**

### Speaker Bios

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**Jonas Attilus, MD**

Resident, University of Minnesota  
Psychiatry Residency Training Program,  
MPS Program Planning Comm Member

**Jimmy Bellamy**

Senior Communications Consultant,  
Regions Hospital, HealthPartners

**Nathan T. Chomilo, MD, FAAP, FACP**

Senior Equity Advisor to the  
Commissioner, MN Dept of Health;  
Medical Director, Medicaid &  
MinnesotaCare, MN Dept of Human  
Services

**Eduardo Colón Navarro, MD**

Psychiatrist, Chief, Psychiatry,  
Hennepin Healthcare

**Ezra H. Griffith, MD, DFAPA**

Professor Emeritus of Psychiatry &  
African American Studies, Yale Univ

**Chinmoy Gulrajani, MD, MBBS, DFAPA**

Psychiatrist, Adjunct Assoc Professor  
(Academic Track), Dept of Psychiatry &  
Behavioral Sciences; medical specialist  
in forensic psychiatry, MN Dept of  
Human Services; MPS President, MPS  
Program Planning Committee Member

**Kari Haley, MD**

Emergency Physician, Regions Hospital;  
Asst Medical Director, Regions EMS

**Candace Hanson, MA, LPCC**

Owner, Canopy Mental Health &

Consulting/Canopy Roots, Program  
Manager of Canopy Roots'  
Minneapolis BCR

**Anne Johnson, MSW, LICSW**

Clinical Manager, Canopy Mental  
Health & Consulting

**Gregory Kemp, CPRSI**

Program Director, Certified Peer  
Recovery Specialist, Twin Cities  
Recovery Project

**Matt Kruse, MD, FAPA**

Psychiatrist, Anoka Metro Regional  
Treatment Center, MPS Program  
Comm Member

**William McDade, MD, PhD**

Chief for Diversity, Equity, and  
Inclusion, Accreditation Council for  
Graduate Medical Education

**Sonya Meyer, MS**

University of MN Medical School,  
Duluth Campus; Twin Cities Medical  
Society Public Health Advocacy Fellow

**William A. Neiman, JD**

Senior Supervisory Attorney, Civil  
Commitment Division, Hennepin  
County Attorney's Office; Clinical  
Instructor, U of MN Law School;  
Minneapolis City Council, 13th Ward;  
Executive Director, MN Municipal  
Board; Asst Hennepin County Attorney

**Javier Ortiz Orendain, MD**

Psychiatry Resident, Mayo Psychiatry  
Training Program, Rochester, MN

**Vivian Pender, MD, DLFAPA**

APA President, Clinical Professor of  
Psychiatry, Weill Cornell Medical  
College; Training Psychoanalyst,  
Columbia University

**Sheila Specker, MD, DFAPA**

MPS Program Committee Chair;  
Program Director, Addiction, Medicine  
Residency Program; Psychiatrist &  
Professor, U of M, Minneapolis, MN

**Monica Taylor-Desir, MD, MPH,  
DFAPA**

Senior Associate Consultant,  
Community Psychiatrist, Researcher,  
DEI Advocate, Mayo Clinic

**Thank you, American  
Professional Agency Inc  
(APA, Inc), for sponsoring  
multiple student scholarships!**

Individuals are encouraged to  
sponsor a student with your  
registration.

*Thank you for supporting the  
future of Minnesota psychiatry!*

## MAIL IN REGISTRATION

First Name * _____		
Last Name * _____		
Street Address * _____		
Address Line 2 _____		
City * _____	State * _____	Zip Code * _____
Phone Number _____	Email Address * _____	
Guest Name _____	Guest Name _____	
Guest Name _____	Guest Name _____	

Registration includes meals and digital materials. Paper copies may also be pre-order for \$15. Enter number of registrants below.

Registration Categories	Number registered	Rate per registration	Total due
BUSINESS MEETING ONLY 8-9am: Virtually participate/vote 8-9am only – (\$0.00)		\$0.00	\$
BUSINESS MEETING ONLY 8-9am: In person participation/vote 8-9am only – (\$0.00)		\$0.00	\$
MATERIALS: Paper materials packet – (\$15)		\$15.00	
DAY ONLY: Member/Guest Rate – (\$149)		\$149.00	\$
DAY ONLY: Nonmember Rate/Guest Rate – (\$195)		\$195.00	\$
DAY ONLY: MPS/APA Member Early Career Member/Guest Rate – (\$125)		\$125.00	\$
DAY ONLY: Non-MD Professional/Guest Rate – (\$125)		\$125.00	\$
DAY ONLY: MPS/APA Resident, Fellow, Medical Student/Guest Rate – (no charge)		\$0.00	\$
FULL (DAY + EVE): MPS or APA Member/Guest Rate – (\$199)		\$199.00	\$
FULL (DAY + EVE): Nonmember Rate/Guest Rate – (\$245)		\$245.00	\$
FULL (DAY + EVE): MPS/APA Member Early Career Member/Guest Rate – (\$165)		\$165.00	\$
FULL (DAY + EVE): Non-MD Professional/Guest Rate– (\$165)		\$165.00	\$
FULL (DAY + EVE): MPS/APA Resident, Fellow, Med Student/Guest Rate – (no charge)		\$0.00	\$
EVE: MPS or APA Member/Guest Rate – (\$75)		\$75.00	\$
EVE: Nonmember Rate/Guest Rate – (\$95)		\$95.00	\$
EVE: MPS/APA Member Early Career Member/Guest Rate – (\$75)		\$75.00	\$
EVE: Non-MD Professional/Guest Rate Rate – (\$75)		\$75.00	\$
EVE: MPS/APA Resident, Fellow, Medical Student/Guest Rate – (no charge)		\$0.00	\$
Speaker Registration – Choose all that apply: ( ) DAY ( ) EVENING ( ) FULL		\$0.00	\$
YES, I would like to sponsor a Resident, Fellow, Med Student attendee (\$100 suggested)		\$100.00	\$
<b>TOTAL DUE</b>		<b>\$</b>	<b>\$</b>

Mail registration with check for total due payable to MN Psychiatric Society to 2738 Evergreen Circle, St Paul, MN 55110.