

THE MINNESOTA PSYCHIATRIC SOCIETY PRESENTS
MPS 2025 SPRING MEETINGS

BACK TO THE FUTURE - PSYCHOPHARMACOLOGY

May 3, 2025

Courtyard by Marriott Edina Bloomington
4460 W 78th Street Circle, Bloomington, MN 55435

www.mnpsychsoc.org

REGISTRATION OPEN!

Minnesota Psychiatric Society
2025 Spring Meetings

Saturday, May 3, 2025

7:30am-4:30pm – Educational Program

5:00-8:30pm – Recognition Dinner

Courtyard by Marriott Edina
Bloomington Hotel

4460 W 78th Street Circle
Edina, MN 55435

Questions? – Contact Linda Vukelich –
L.Vukelich@comcast.net, 651-278-4241

POSTER SESSION –

Submissions welcome!

Medical students, residents, fellows, post-docs, and junior faculty are invited to submit poster proposals.

Deadline – April 15, 2025 [Poster Proposal Online Form](#)

Agenda

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| 7:30-8:00am | Registration – Continental Breakfast |
| 8:00-8:05am | Welcome & Program Overview – MPS President Mark Frye, MD |
| 8:05-8:30am | Plenary Kickoff – “What burning psychopharmacology question do you have? Case discussions at tables (mood, psychosis & addiction) |
| 8:30-9:45am | Novel antipsychotics and monitoring methods in schizophrenia– Steve Olson, MD; Jonathan Leung, PharmD, Felicia Hansell, MD |
| 9:45-10:00am | Break – Exhibits & Posters |
| 10:00-10:45am | Ketamine/Psilocybin from the 1970’s - 50 years later – Drs. Balwinder Singh & Sophia Albott |
| 10:45-11:30am | ADHD – Stimulants and beyond – Josh Stein, MD |
| 11:30-12:00pm | Poster Session |
| 12:00-1:00pm | Lunch, Networking, Posters & Exhibits |
| 1:00-2:00pm | Flash Talks & Q&A - Facilitator Matt Kruse, MD, FAPA; Caylon Pettis, MD (Mayo - Old vs New Long Acting Injectables) |
| 2:00-3:00pm | Drug Mechanism of Action Targeting Addiction & Mood – Mark Frye, MD, Sabrina Corea Da Costa, MD |
| 3:00-3:15pm | Break – Exhibits & Posters |
| 3:15-3:45pm | State of the Art for OUD Medications – Sheila Specker, MD, DFAPA, Chris Sebas, MD & Katie Mackay, MD |
| 3:45-4:30pm | Lithium: Everything Old Is New Again– Tracy Tomac, MD |
| 4:30-5:00pm | Plenary Closing Session – Review morning discussion review & recap |
| 5:00pm | Reception & Awards Presentations |
| 6:30-8:00pm | Dinner |

Overview

The history of medication reaches back to when our ancestors first ingested plants with intent to treat ailments. As William Osler put it, “The desire to take medicine is perhaps the greatest feature which distinguishes man from animals.”

The development of pharmaceuticals owes as much to serendipity as science. Fleming’s 1928 discovery of penicillin from mold is by far the most famous example of such luck (followed up by intellectual pursuit, of course.)

The first antipsychotic, chlorpromazine, started its life in anesthesia. And our old and perpetual friend, Lithium, began its career in gout.

At the MPS Spring Program, we will delve deeply into pharmacology, focusing on medications, old and new. Attendees will learn cutting edge management of our oldest and most effective drugs: clozapine and lithium. We will examine our newest (and first) non-dopaminergic antipsychotic. We will learn new skills to help our patients with one of mankind’s oldest afflictions: addiction. Other exciting topics include treatment of depression and ADHD, and updates on ketamine and psilocybin. Spend the day with MPS to hone your skills with our remarkable psychiatric pharmaceutical toolbox.

Come back to the future with your colleagues at our Spring Meeting, where everything old is new again!

And, to end with another gem from Osler: “Use all new medications while they still work.”