

THE MINNESOTA PSYCHIATRIC SOCIETY PRESENTS
MPS 2025 SPRING MEETINGS

BACK TO THE FUTURE - PSYCHOPHARMACOLOGY

May 3, 2025

Courtyard by Marriott Edina Bloomington
4460 W 78th Street Circle, Bloomington, MN 55435

www.mnpsychsoc.org

SAVE THE DATE!

Minnesota Psychiatric Society
2025 Spring Meetings

Saturday, May 3, 2025

7:30am-4:30pm – Educational Program

5:00-8:30pm – Recognition Dinner

**Courtyard by Marriott Edina
Bloomington Hotel**

4460 W 78th Street Circle
Edina, MN 55435

Questions? – Contact Linda Vukelich –
L.Vukelich@comcast.net, 651-278-4241

POSTER SESSION –

Submissions welcome!

Medical students, residents, fellows, post-docs, and
junior faculty are invited to submit poster proposals.

Deadline – April 5, 2025 [Poster Proposal Online Form](#)

Agenda

7:30-8:00am	Registration – Continental Breakfast
8:00-8:05am	Welcome & Program Overview – MPS President Mark Frye, MD
8:05-8:30am	Plenary Kickoff – “What burning psychopharmacology question do you have? Case discussions at tables (mood, psychosis & addiction)
8:30-9:45am	Novel antipsychotics and monitoring methods in schizophrenia– Steve Olson, MD; Jonathan Leung, PharmD
9:45-10:00am	Break – Exhibits & Posters
10:00-10:45am	Ketamine/Psilocybin from the 1970’s - 50 years later – Drs. Balwinder Singh & Sophia Albott
10:45-11:30am	ADHD – Stimulants and beyond – Josh Stein, MD
11:30-12:00pm	Poster Session
12:00-1:00pm	Lunch, Networking, Posters & Exhibits
1:00-2:00pm	Flash Talks & Q&A - Facilitator Matt Kruse, MD, FAPA; Caylon Pettis, MD (Mayo - Old vs New Long Acting Injectables)
2:00-3:00pm	Drug mechanism of action targeting addiction & Mood invited (Mood Disorders) / Mark Frye (Antidepressants) / Sabrina Corea Da Costa (Addiction)
3:00-3:15pm	Break – Exhibits & Posters
3:15-3:45pm	State of the Art for OUD Medications – Sheila Specker, MD, DFAPA, Chris Sebas, MD & Katie Mackay, MD
3:45-4:30pm	Lithium: Everything Old Is New Again– Tracy Tomac, MD
4:30-5:00pm	Plenary Closing Session – Review morning discussion review & recap
5:00pm	Reception & Awards Presentations
6:30-8:00pm	Dinner

Overview

The history of medication reaches back to when our ancestors first ingested plants with intent to treat ailments. As William Osler put it, “The desire to take medicine is perhaps the greatest feature which distinguishes man from animals.”

The development of pharmaceuticals owes as much to serendipity as science. Fleming’s 1928 discovery of penicillin from mold is by far the most famous example of such luck (followed up by intellectual pursuit, of course.)

The first antipsychotic, chlorpromazine, started its life in anesthesia. And our old and perpetual friend, lithium, began its career in gout.

At the MPS Spring Program, we will delve deeply into pharmacology, focusing on medications, old and new. Attendees will learn cutting edge management of our oldest and most effective drugs: clozapine and lithium. We will examine our newest (and first) non-dopaminergic antipsychotic. We will learn new skills to help our patients with one of mankind’s oldest afflictions: addiction. Other exciting topics include treatment of depression and ADHD, and updates on ketamine and psilocybin. Spend the day with MPS to hone your skills with our remarkable psychiatric pharmaceutical toolbox.

Come back to the future with your colleagues at our Spring Meeting, where everything old is new again!

And, to end with another gem from Osler: “Use all new medications while they still work.”