



REGISTER TODAY! (<https://tinyurl.com/bdckvha>)

The Minnesota Psychiatric Society presents,

"HEALTH IMPACTS OF CLIMATE CHANGE"

Saturday, September 30, 2023

Courtyard by Marriott Edina Bloomington Hotel

4460 W 78th Street Circle, Bloomington, MN 55435

Questions? – Contact Linda Vukelich –
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Agenda

- 7:30 am Registration - Continental Breakfast
- 8:00am** **Welcome & Program Overview** –
 MPS President Mary Beth Lardizabal, DO, DFAPA; MPS Fall 2023 Planning Committee Member Mark Frye, MD
- 8:15am** **Keynote Address: Mental Health Impacts of the Climate Crisis** –
 Elizabeth Hasse, MD
- 9:15am** **A healthy farm is nothing without a healthy farm family - mental health in agriculture** –
 Ted Matthews
- 10:15am Break - Exhibits & Posters
- 10:30am** **It's Go Time: Envisioning a Radical Clinical Psychiatry** –
 Carson Brown, MD
- 11:30am** **Poster Session**
- 12:00pm Lunch, Networking, Posters & Exhibits
- 1:00pm** **Flash Talks & Q&A** – Facilitator Sheila Specker MD, DFAPA
- 2:00pm** **Nature Based Therapy** –
 Mary Beth Lardizabal, DO, DFAPA
 Alex J Marie PsyD, LP
- 2:45pm Break - Exhibits & Posters
- 3:00pm** **An internist discusses health and equity impacts of extreme heat with a dash of appeal to physician advocacy** –
 Vishnu Laalitha Surapaneni, MD, MPH
- 3:45pm** **Indigenous Planetary Health** –
 Nicole Redvers, ND, MPH
- 4:15pm** **Poster Session Winners Announced**
- 4:30pm** **Keynote: Summary of the Day** -
 Elizabeth Haase, MD
- 5:00pm Adjourn

POSTER SESSION – Submissions welcome!
 Medical students, residents, fellows, post-docs, and junior faculty are invited to submit poster proposals.
Deadline – August 31, 2023 [Poster Proposal Online Form](#)

Overview

In Minnesota, we take nature and clean air for granted. This summer, however, has been marred by days of haze from Canadian wildfires. Our pandemic masks have been re-purposed to filter smoke. Climate change has come home to all of us now, and it is past time for action. Al Gore puts it succinctly: "We're at a fork in the road for where we stand as a species."

As psychiatrists, we are all too aware that no human exists in a vacuum. We are beginning to understand that climate and environment are major factors in mental health. Recent studies show associations between lack of access to green spaces and psychological distress, with potential future risk for cognitive decline and even schizophrenia. Climate change is also exacerbating social inequities and health risks around the world.

Morning sessions will focus on climate and environmental impacts on individual and community mental health. The afternoon will highlight how we can move forward in this changing world. Throughout the day we will be inspired by posters and talks from the next generation of psychiatrists. Our keynote speaker Elizabeth Hasse MD is the Chair of the APA Committee on Climate Change and Mental Health and founding member of the Climate Psychiatry Alliance.

Please join us for a day of education, discussion, camaraderie, and inspiration. As Greta Thunberg states, "I have learned you are never too small to make a difference."

What we learn together at our fall meeting will help us to make a difference in our own and our patients' lives.