SAV E T H E         D A T E  !

The Minnesota Psychiatric Society presents,
"HEALTH IMPACTS OF CLIMATE CHANGE"
Saturday, September 30, 2023
Courtyard by Marriott Edina Bloomington Hotel
4460 W 78th Street Circle, Bloomington, MN 55435

Overview
In Minnesota, we take nature and clean air for granted. This summer, however, has been marred by days of haze from Canadian wildfires. Our pandemic masks have been re-purposed to filter smoke. Climate change has come home to all of us now, and it is past time for action. Al Gore puts it succinctly: “We’re at a fork in the road for where we stand as a species.”

As psychiatrists, we are all too aware that no human exists in a vacuum. We are beginning to understand that climate and environment are major factors in mental health. Recent studies show associations between lack of access to green spaces and psychological distress, with potential future risk for cognitive decline and even schizophrenia. Climate change is also exacerbating social inequities and health risks around the world.

Morning sessions will focus on climate and environmental impacts on individual and community mental health. The afternoon will highlight how we can move forward in this changing world. Throughout the day we will be inspired by posters and talks from the next generation of psychiatrists. Our keynote speaker Elizabeth Hasse MD is the Chair of the APA Committee on Climate Change and Mental Health and founding member of the Climate Psychiatry Alliance.

Please join us for a day of education, discussion, camaraderie and inspiration. As Greta Thunberg states, “I have learned you are never too small to make a difference.” What we learn together at our fall meeting will help us to make a difference in our own and our patients’ lives.

Agenda
7:30 am - 8:00 am Registration - Continental Breakfast
8:00-8:15am Welcome & Program Overview – MPS President Mary Beth Lardizabal, DO, DFAPA and Fall 2023 Conf Comm Chair Matt Kruse, MD, FAPA
8:15-9:15am Keynote Address: How Climate Change Is Impacting Mental Health Overview - Elizabeth Hasse, MD
9:15-10:15am Current Climate Impacts on Health in Minnesota - Farming - Ted Matthews
10:15-10:30am Break - Exhibits & Posters
10:30am - 11:30 am The Now/ Future of Climate Psychiatry - Carson Brown, MD
11:30am-12:00pm Poster Session
12:00-1:00pm Lunch, Networking, Posters & Exhibits
1:00-2:00pm Flash Talks & Q&A - Facilitator Matt Kruse, MD, FAPA
2:00-2:30pm Forest Therapy: Leaning Into Nature for Health - Mia Wintheister
2:30-3:00pm INVITED: Kristi White, PhD, LP ABPP, Univ of MN Medical School
3:00-3:15pm Break - Exhibits & Posters
3:15-3:45pm INVITED: Nicole Redvers, ND, MPH - Native Perspective Solutions
3:45-4:00pm Poster Session Wrap-up - Winners named NEW: Fan Favorite
4:00-5:00pm Keynote: Summary of the Day - Elizabeth Haase, MD
5:00 PM Adjourn

Questions? – Contact Linda Vukelich – LVukelich@comcast.net, 651-278-4241