MINNESOTA PSYCHIATRIC SOCIETY

RECENT ADVANCES IN TMS FOR ADOLESCENTS AND YOUNG ADULTS

Paul E. Croarkin, DO, MS, DFAPA
October 16, 2021

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DISCLOSURES

Source	Research Funding	Honorarium/Advisor Consultant/Other	Employee	Speaker's Bureau	In-kind Services	Stock or Equity	Travel
American Academy of Child and Adolescent Psychiatry (AACAP)		X (Donated to AACAP)					
Brain and Behavior Research Foundation (NARSAD)	X						
Clinical TMS Society		X					X
Engrail Therapeutics, Inc.		X					
MagVenture, Inc					X		
Mayo Clinic	X		X				
Neuronetics, Inc	X				X		
NeoSync, Inc	X						
NIMH	X						
Pfizer	X						
Procter & Gamble Company		X					
Myriad Neuroscience		X (Donated to NNDC)			X		
TMS Health Education							X
Salience TMS Neuro Solutions		X (Unpaid)					
Sunovion		X					

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LEARNING OBJECTIVES

• To review recent research focused on the application of TMS to adolescents and young adults.

• To discuss challenges and future related innovations direction to address this unmet need

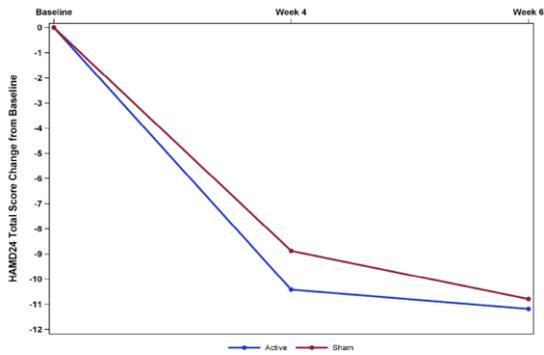©2021 Mayo Foundation for Medical Education and Research | slide-3

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THE CHALLENGE…

Hetrick SE, McKenzie JE, Bailey AP, Sharma V, Moller CI, Badcock PB, Cox GR, Merry SN, Meader N. New generation antidepressants for depression in children and adolescents: a network meta-analysis. Cochrane Database of Systematic Reviews 2021, Issue 5. Art. No.: CD013674. DOI: 10.1002/14651858.CD013674.pub2. Accessed 30 May 2021.

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DEFICITS AND OPPORTUNITIES

frontiers
in Psychiatry

REVIEW
published: 13 April 2021
doi: 10.3389/fpsyt.2021.642847

Repetitive Transcranial Magnetic Stimulation for Adolescent Major Depressive Disorder: A Focus on Neurodevelopment

Lindsay M. Oberman*, Megan Hynd, Dylan M. Nielson, Kenneth E. Towbin, Sarah H. Lisanby and Argyris Stringaris

National Institute of Mental Health, Bethesda, MD, United States

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Croarkin PE, Elmaadawi AZ, Aaronson ST, Schrodt GR, Holbert RC, Verdoliva S, Heart KL, Demitrack MA, Strawn JR. Left Prefrontal Transcranial Magnetic Stimulation for Treatment-Resistant Depression in Adolescents: A Double-Blind, Randomized, Sham-Controlled Trial. Neuropsychopharmacology 2021 Jan;46(2):462-469. doi: 10.1038/s41386-020-00829-y. Epub 2020 Sep 12.

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Summary of Key Demographics and Clinical Variables at Baseline

Variable		Treatment Group		p-value
		Sham (N = 55)	Active (N = 48)	
Gender N (%)				0.6123

	Sham	Active	
Major Depressive Disorder	55 (100.0%)	48 (100.0%)	
Non-Major Depressive Disorder	0 (0.0%)	0 (0.0%)	
Major Depressive Disorder History N (%)			
Single episode	13 (23.6%)	9 (18.8%)	
Recurrent episodes	42 (76.4%)	39 (81.3%)	
N	55	48	
Mean (SD)	13.8 (8.36)	13.9 (9.01)	
Median	12.9	13.2	
Min, Max	1.5, 33.9	1.8, 36.2	
<24 months N (%)	50 (90.9%)	43 (89.6%)	
≥24 months N (%)	5 (9.1%)	5 (10.4%)	
0	4 (7.3%)	2 (4.2%)	
1	30 (54.5%)	22 (45.8%)	
2	15 (27.3%)	17 (35.4%)	
3	4 (7.3%)	5 (10.4%)	
4	2 (3.6%)	1 (2.1%)	
5	0 (0.0%)	1 (2.1%)	
None	19 (34.5%)	22 (45.8%)	
Any	36 (65.5%)	26 (54.2%)	
Prior ECT Treatment	0 (0.0%)	0 (0.0%)	
Prior Inpatient Hospitalization for Depression	9 (16.4%)	9 (18.8%)	
Prior Psychotherapy	10 (18.2%)	7 (14.6%)	
Mania/Hypomania by YMRS (Total Score > 20)	0 (0.0%)	0 (0.0%)	

Strawn et al. Treatment-Resistant Depression in Adolescents: Clinical Features and Measurement of Treatment Resistance. Journal of Child and Adolescent Psychopharmacology 2020; 30(4):262-266.
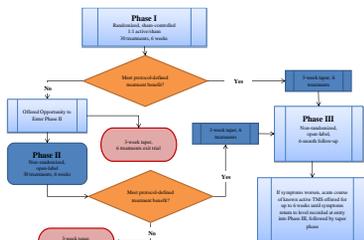
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REINTRODUCTION TMS AS A STRATEGY FOR MAINTENANCE TREATMENT FOR ADOLESCENTS WITH TREATMENT RESISTANT DEPRESSION

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PHASE III

Entering
Phase III
n=65

Completed
Phase III
n=41

Discontinued
prior to end
of month 6
n=24

Patients
entering
retreatment
n= 28

- Phase I Active to Phase II Active
- Phase I Sham to Phase II Active
- Phase I Active to Phase III
- Phase I Sham to Phase III

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PHASE III

Reasons for
Discontinuation
(n=24)

Satisfactory Response (efficacy) n=1

Unsatisfactory Response (efficacy) n=5

Adverse Event n=2

Failed to Return n=7

Subject Request n=4

Symptoms Worsened n=1

Other n=4

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PHASE III OUTCOMES HAMD24

	Baseline n Score (SD)	Month 3 n Score (SD) Change	Month 3 n Score (SD) Change
Phase I Active	17 27.3 (5.86)	16 7.7 (7.43) -19.1 (7.99)	14 5.9 (6.13) -22.1 (6.58)
Phase I Active to Phase II Active	8 27.3 (3.54)	8 12.1 (8.13) -15.1 (10.20)	5 7.4 (6.66) -19.8 (6.94)
Phase I Sham to Phase II Active	13 26.2 (3.31)	13 8.1 (7.48) -18.1 (7.32)	11 4.3 (3.82) -21.3 (2.41)
Phase I Sham	17 28.2 (6.62)	16 8.7 (7.13) -19.9 (7.96)	11 4.4 (4.92 -24.9 (4.91)

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PHASE III PATIENTS WITH RETREATMENT HAMD24

	Baseline Score (SD)	Pretreatment Change from Baseline	After treatment Change from Baseline	Number Receiving Retreatment	Mean number of Retreatments (Range)
Phase I Active	13.0 (6.49)	2.2 (8.03)	2.1 (5.79)	12	23 (9-30)
Phase I Active to Phase II Active	11.5 (4.95)	-4.0 (1.41)	9.5 (4.95)	2	30 (30)
Phase I Sham to Phase II Active	6.5 (5.86)	11.7 (7.47)	6.8 (11.11)	6	17 (5-30)
Phase I Sham	10.8 (6.3)	7.9 (5.72)	0.5 (9.70)	8	21 (1-30)

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NEUROSTRUCTURAL IMPACT OF TRD IN ADOLESCENTS AND POTENTIAL TREATMENT EFFECTS OF TMS

Jeffrey R. Strawn, MD

Bhedita Seewoo

| Characteristic	Healthy	MDD	TRD	Active rTMS	Sham rTMS
n	30	19	34	18	7
Female	70%	57.9%	58.8%	66.7%	71.4%
Age (SD)	15.60 (2.25)	15.2 (1.8)	16.4 (1.8)	16.3 (2.0)	17.5 (1.2)
CDRS-R (SD)	19.1 (2.8)	54.1 (8.2)	59.6 (11.4)	50.2 (15.1)	61.4 (8.4)

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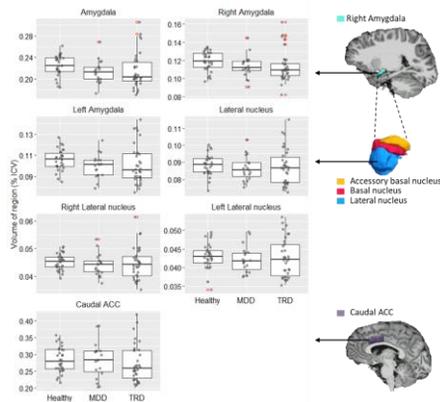
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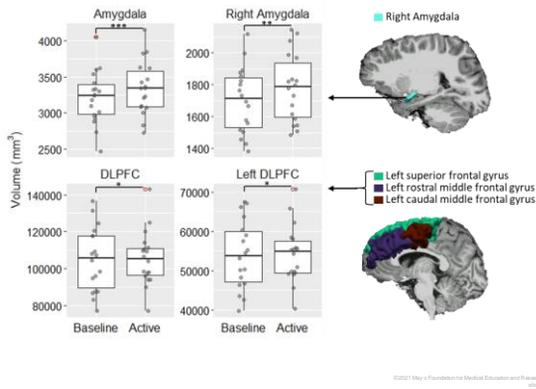
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Clinical Effectiveness of 1 Hz/20 Hz Bilateral rTMS Treatment in Adolescents with Major Depressive Disorder

UNIVERSITY OF TORONTO

- Multisite, naturalistic treatment
- N=201
- Ages 12-22
- 1 Hz delivered to the right dorsolateral prefrontal cortex for 360 pulses, followed by 20 Hz delivered to the left dorsolateral prefrontal cortex for 1200 pulses
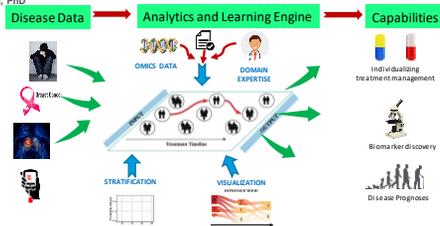- 30-36 sessions
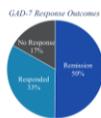
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Analytics and Machine Learning Framework for Omics and Clinical Big Data (ALMOND)

Arjun Athreya, PhD

Athreya et al. (US Patent Pending 16/221,073)

Athreya AP, et al. Prediction of short-term antidepressant response using probabilistic graphical models with replication across multiple drugs and treatment settings. Neuropsychopharmacology. Jun;46(7):1272-1282. doi: 10.1038/s41386-020-00943-x. Epub 2021 Jan 15.

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PRECISION MEDICINE APPROACHES FOR BRAIN STIMULATION

10 Hz – 20 Hz Excitatory   **1 Hz Inhibitory**

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Intracortical Facilitation

Croarkin PE, et al. Evidence for increased glutamatergic cortical facilitation in children and adolescents with major depressive disorder. JAMA Psychiatry. 2013 Mar;70(3):291-9. doi: 10.1001/2013.jamapsychiatry.24.

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GLUTAMATERGIC AND GABAERGIC BIOMARKERS FOR TMS TREATMENT OF DEPRESSION IN ADOLESCENTS

1 Hz vs 10 Hz TMS

Intracortical Facilitation

7 T Proton MRS

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A. Transcranial magnetic stimulation

B. Deep brain stimulation

Glutamate

NMDAR

AMPAR

Ca^{2+}

CaM → CaMKII

C. Electroconvulsive therapy

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SUICIDE PREVENTION IN 2021 AND BEYOND

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Utku Kucuker, MD

A Systematic Review of Neuromodulation Treatment on Suicidality

Provisionally accepted. The final, formatted version of the article will be published soon. Notify me

Utku Kucuker, Ammar Almorsy, Ayse I. Sonmez, Anna N. Ligezka, Deniz Doruk Camsari, Charles Lewis and Paul Croarkin

1Mayo Clinic, United States
2Department of Psychiatry, Medical School, University of Minnesota, United States

Introduction: Neuromodulation is an important group of therapeutic modalities for neuropsychiatric disorders. Prior studies have focused on efficacy and adverse events associated with neuromodulation. Less is known regarding the influence of neuromodulation treatments on suicidality. This systematic review sought to examine the effects of various neuromodulation techniques on suicidality.
Methods: A systematic review of the literature from 1940 to 2020 following the Preferred Reporting Items for Systematic Reviews and Meta-Analyses guideline was conducted. Any reported suicide-related outcome in reports were considered as a putative measure of treatment effect on suicidality.
Results: The review identified 129 relevant studies. There was evidence that transcranial direct current stimulation was superior to sham in decreasing suicidal ideation in a randomized, controlled trial. Electroconvulsive therapy, magnetic seizure therapy, and repetitive transcranial magnetic stimulation treatments may decrease suicidality. There was limited literature focused on the potential protective effect of vagal nerve stimulation with respect to suicidal ideation. Data were mixed regarding the potential effects of deep brain stimulation on suicidality.
Conclusions: Future prospective studies of neuromodulation that focus on the primary outcome of suicidality are urgently needed.

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SYSTEMATIC REVIEW article
Front. Psychiatry | doi: 10.3389/fpsyt.2022.878388

A Systematic Review of Long-Interval Intracortical Inhibition as a Biomarker in Neuropsychiatric Disorders

The final, formatted version of the article will be published soon.

Parmis Fatih, M. Utku Kucuker, Jennifer L. Vande Voort, Deniz Doruk Camsari, Faranak Farzan and Paul E. Croarkin

Mayo Clinic, United States
Simon Fraser University, Canada

Parmis Fatih, MD

Long-Interval Intracortical Inhibition (LICI) is a paired-pulse transcranial magnetic stimulation (TMS) paradigm mediated in part by gamma-aminobutyric acid receptor B (GABAB) inhibition. Prior work has examined LICI as a putative biomarker in an array of neuropsychiatric disorders. This review conducted in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) sought to examine existing literature focused on LICI as a biomarker in neuropsychiatric disorders. There were 113 articles that met the inclusion criteria. Existing literature suggests that LICI may have utility as a biomarker of GABAB functioning but more research with increased methodologic rigor is needed. The extant LICI literature has heterogeneous methodology and inconsistencies in findings. Existing findings to date are also nonspecific to disease. Future research should carefully consider existing methodological weaknesses and implement high-quality test-retest reliability studies.
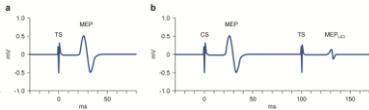
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LICI DEFICITS AS A MARKER OF TREATMENT RESISTANCE IN ADOLESCENTS MAJOR DEPRESSIVE DISORDER
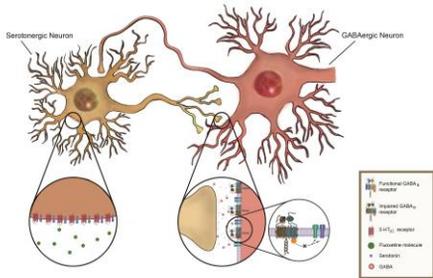
Croarkin PE, Nakonezny PA, Husain MM, Port JD, Melton T, Kennard BD, Emslie GJ, Kozel FA, Daskalakis ZJ. Evidence for pretreatment LICI deficits among depressed children and adolescents with nonresponse to fluoxetine. Brain Stimul 2014;7:243-251.

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Biomarkers of Suicidality in Adolescents with Major Depressive Disorder

Charles P. Lewis, M.D.
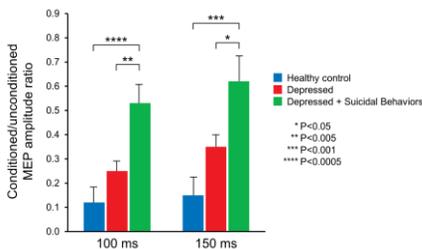
Lewis CP, Nakonezny PN, Blacker CJ, Vande Voort JL, Port JD, Worrell GA, Jo HJ, Daskalakis ZJ, Croarkin PE. Cortical Inhibitory Markers of Suicidality in Depressed Adolescents. Neuropsychopharmacology. 2018 Aug; 43(9):1822-1831.

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## GABA$_B$ AND SUICIDAL IDEATION IN DEPRESSED ADOLESCENTS
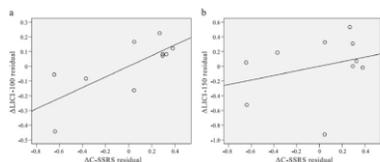
Lewis CP, et al. Preliminary evidence of an association between increased cortical inhibition and reduced suicidal ideation in adolescents treated for major depression. J Affect Disord. 2019;244:21-24.

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10 HZ RTMS AND ADOLESCENT SUICIDALITY
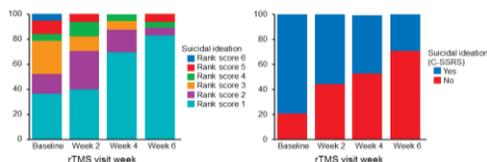
Croarkin et al. High-frequency repetitive TMS for suicidal ideation in adolescents with depression. J Affect Disord. 2018 Oct 15;239:282-290

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Neuromodulation: Technology at the Neural Interface

Received: January 25, 2021   Revised: April 4, 2021   Accepted: April 19, 2021

(onlinelibrary.wiley.com) DOI: 10.1111/ner.13455

A Systematic Review of the Safety and Tolerability of Theta Burst Stimulation in Children and Adolescents

Rana Elmaghraby, MD; Qi Sun, MD; Can Ozger, BS; Julia Shekunov, MD; Magdalena Romanowicz, MD; Paul E. Croarkin, DO, MS

ABSTRACT

Objectives: Theta burst stimulation (TBS) is often used in clinical practice and research protocols for adults with neuropsychiatric disorders. There are substantial knowledge gaps related to the application of TBS in children and adolescents. This systematic review examined the safety and tolerability of TBS in children and adolescents.

Materials and Methods: A systematic review of human TBS studies in children and adolescents was conducted according to the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) guidelines. The following inclusion criteria were applied: 1) articles in English language only; 2) studies that included child and adolescent participants (up to 21 years of age); 3) studies that administered intermittent TBS or continuous TBS or both to participants; 4) studies that had an outcome measure; and 5) availability of full text material. The primary outcome measures were tolerability and safety. When feasible, the clinical effects were reviewed.

Results: Twenty relevant articles met the criteria for inclusion. The reported adverse events were mild and similar to what is noted in adult studies. The most common symptom was headache. One case report described a seizure induced by TBS. Collectively, the studies were heterogeneous but the methodologic quality of randomized trials was high.

Conclusions: TBS interventions in children may have similar safety, tolerability, and feasibility as compared to adults. However, long-term, follow-up studies of TBS are lacking. Future dose-ranging studies with systematic assessment of adverse events will be important in the translation of findings with TBS from adults to youth.

Keywords: Adolescents, children, systematic review, theta burst stimulation, transcranial magnetic stimulation

Conflict of Interest: Paul E. Croarkin has received research grant support from Neuronetics, Inc. and NeoSync, Inc. He has received grant in-kind (equipment support for research studies) from Neuronetics, Inc. and MagVenture, Inc. He has served as a consultant for Myriad Neuroscience and Procter & Gamble. The other authors have no other financial disclosures or conflicts of interest.

nd Research | slide-30

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THETA BURST STIMULATION (TBS)
**IN YOUTH WITH MAJOR DEPRESSIVE DISORDER**

Faranak Farzan, Ph.D.

- N=20
- Ages 16-24
- 10 treatment sessions over 2 weeks
- Sequential Bilateral TBS (1800 pulses of continuous TBS to the Right DLPFC and 1800 pulses of intermittent to the Left DLPFC at 80% active motor threshold)
- 18 completers with a significant reduction in Hamilton Rating Scale for Depression 17 scores (p < 0.001)
- Tolerable treatment

Dhami P, et al. Feasibility and clinical effects of theta burst stimulation in youth with major depressive disorders: An open-label trial. Journal of Affective Disorders. 2019;258:66-73.

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TMS-EEG Biomarkers
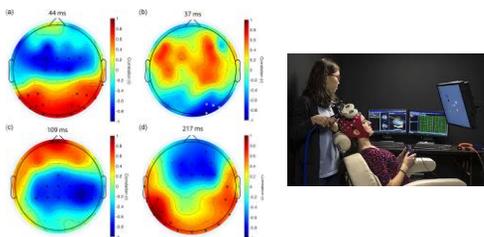
Dhami P et al. Neurophysiological markers of response to theta burst stimulation in youth depression. Depression and Anxiety. 2021 Feb;38(2):172-184. doi: 10.1002/da.23100. Epub 2020 Oct 1.Depress Anxiety. 2021. PMID: 33001549

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ACCELERATED TMS

Ayse Irem Sonmez, M.D

Study name	Statistics for each study							Hedges's g and 95% CI
	Hedges's g	Standard error	Variance	Lower limit	Upper limit	Z-value	P-value	
Baeken et al, 2013*	0.735	0.295	0.087	0.157	1.313	2.494	0.013	
Duprat et al, 2016*	0.737	0.198	0.039	0.349	1.126	3.719	0.000	
Fitzgerald et al, 2018*	0.826	0.128	0.016	0.576	1.076	6.466	0.000	
Loo et al, 2007*	1.369	0.272	0.074	0.836	1.903	5.034	0.000	
McGir et al, 2015	1.656	0.317	0.100	1.035	2.277	5.230	0.000	
Dardenne et al, 2018	1.715	0.407	0.166	0.916	2.513	4.208	0.000	
Holtzheimer et al, 2010	1.742	0.378	0.143	1.001	2.483	4.607	0.000	
Williams et al, 2018	3.322	0.864	0.747	1.627	5.016	3.843	0.000	
Overall (I-squared = 71%, P=0.001)	1.269	0.188	0.035	0.902	1.637	6.767	0.000	

*Active arms only

Sonmez AI, Doruk Camsari D, Nandakumar AL, Vande Voort J, Kung S, Lewis CP, Croarkin PE. Accelerated TMS for Depression: A systematic review and meta-analysis. Psychiatry Research. 2019 Mar; 273:770-781.

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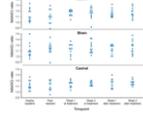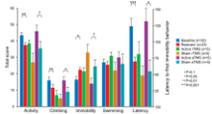
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A Preclinicial Model of Accelerated TMS

Jennifer Rodger, PhD

Bhedita Seewoo

Seewoo B, Feindel K, Etherington S, Hennessy L, Croarkin PE, Rodger J. Validation of the Chronic Restraint Stress Model of Depression in Rats and Investigation of Standard vs. Accelerated rTMS Treatment. The 58th Annual Meeting of the American College of Neuropsychopharmacology. Vol 44. Orlando, FL; 2019:122-123.

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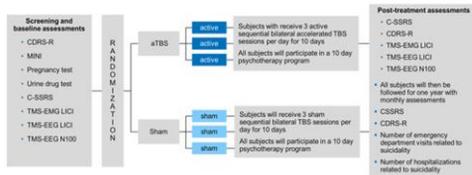
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Session	Participants	Topic
1	Adolescent and Parent	Chain analysis and safety plan
2	Adolescent and Parent	Review adherence, psychoeducation, and safety plan
3	Adolescent	Reasons for living module
4	Adolescent	Mindfulness module
5	Adolescent	Distress tolerance module
6	Adolescent and Parent	Review sessions 3-5 with parent
7	Adolescent	Problem-solving module
8	Adolescent	Socialization and support module
9	Adolescent	Wellness and relapse prevention module
10	Adolescent and Parent	Review work with parent

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AUTISM SPECTRUM DISORDER: ASSOCIATED SYMPTOMS

- Hyperactivity
- Short Attention Span
- Impulsivity
- Irritability
- Aggressiveness
- Severe Tantrums
- Hypersensitivity to sensory stimuli
- Abnormal eating
- Affective/Mood Lability
- Abnormal emotional reactions
- Anxiety
- Self-Injurious Behaviors

Irritability and Aggression

Repetitive Behaviors

Hyperactivity, Inattention, Neurocognitive Deficits

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PREDICTORS OF OUTCOME IN ASD

LANGUAGE OUTCOME

IQ

EXECUTIVE FUNCTIONING

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TMS for Executive Function Deficits in Autism Spectrum Disorder

Stephanie Amies, M.D. M.Sc.

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TMS FOR EXECUTIVE FUNCTION DEFICITS IN AUTISM SPECTRUM DISORDER

- N=40 16-35 years old
- Double-blind, randomized, sham controlled trial
- 20 sessions, 4-week course of 20 Hz rTMS delivered to bilateral DLPFC (750 pulses per session at each hemisphere) at 90% resting motor threshold
- 95% of randomized patients completed the protocol
- No significant difference between active and sham
- Patients with lower baseline functioning experiences significant improvement with active TMS

Ameis SH, et al. Treatment of Executive Function Deficits in Autism Spectrum Disorder with Repetitive Transcranial Magnetic Stimulation: A Double-Blind, Sham-Controlled, Pilot Trial. Brain Stimulation. May-Jun 2020;13(3):539-547. doi: 10.1016/j.brs.2020.01.007. Epub 2020 Jan 15

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BILATERAL TRANSCRANIAL MAGNETIC STIMULATION OF THE SUPPLEMENTARY MOTOR AREA IN CHILDREN WITH TOURETTE SYNDROME

Cynthia Kahl

- Ten children with Tourette syndrome (8 males) aged 9-15 years
- Eight of the subjects had comorbid ADHD
- Other comorbidities: OCD, epilepsy, anxiety, social phobia
- Medications continued (guanfacine, clonidine, ethosuximide, methylphenidate, fluoxetine, aripiprazole, risperidone, clomipramine, citalopram, amitriptyline, and fluphenazine)
- 15 sessions of neuronavigated, robotic 1 Hz rTMS at 100% motor threshold with 1800 pulses
- The Yale Global Tic Severity Scale decreased from baseline (p < 0.001, Cohen's d=2.9)
- Dominant motor cortex cortical silent period measures increased with treatment.

Kahl CK, et al. Bilateral transcranial magnetic stimulation of the supplementary motor area in children with Tourette Syndrome. Dev Med Child Neurol 2021 Feb 25. doi: 10.1111/dmcn.14828. Online ahead of print. ©2021 Mayo Foundation for Medical Education and Research | slide-41

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ACKNOWLEDGEMENTS

Mayo Clinic Division of Child and Adolescent Psychiatry and Psychology

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