

**Note: Masks and social distancing are required at this indoor event per current CDC and/or MDH guidelines.**



**Minnesota Psychiatric Society  
2021 Fall Educational Program  
Saturday, October 16, 2021, Check-in 7:30, Program 8am - 5pm  
Minnesota Humanities Center, 987 Ivy Ave E, St Paul, MN 55106**

## ***Novel Approaches to Psychiatry***

### **Program Agenda**

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<b>7:30-8am</b>	<b>Check-In – Get name tags and breakfast, network, reconnect, visit exhibits</b>
<b>8-8:15am</b>	<b>Welcome, Overview, MPS Fall Program Chair Matt Kruse, MD</b>
<b>8:15-9:15am</b>	<b>Therapeutic Applications of Psychedelics, Jessica Nielson, PhD</b>
<b>9:15-10:15am</b>	<b>Flash Talks – New FDA-Approved Therapies, Moderator: Lora Wichser, MD Panelists: Manuel Gardea Reséndez, MD; Mary Okafo, MD; Eric Leppink, MD</b>
<b>10:15-10:30am</b>	<b>BREAK, Exhibits</b>
<b>10:30-11:30am</b>	<b>Neuromodulation &amp; Addiction, Kelvin Lim, MD</b>
<b>11:30-11:45am</b>	<b>2021 Paul Wellstone Award Presentation, MN Representative Kelly Morrison, MD</b>
<b>11:45am-12:30pm</b>	<b>LUNCH, Exhibits</b>
<b>12:30-1:30pm</b>	<b>Advances in Neuromodulation for Psychiatric Practice, Where We're Headed, Brent Nelson, MD</b>
<b>1:30-2:30pm</b>	<b>KEYNOTE: Promoting Cognitive and Neural System Recovery in Early Psychosis, Sophia Vinogradov, MD, DFAPA</b>
<b>2:30-2:45pm</b>	<b>BREAK, Exhibits</b>
<b>2:45-3:45pm</b>	<b>Brain Stimulation Advances for the Treatment of Adolescents with Depression, Paul E. Croarkin, DO, DFAPA</b>
<b>3:45-4:05pm</b>	<b>Digital Apps for Clinical Practice – What you need to know, Nathan Tatro, MA</b>
<b>4:05-4:35pm</b>	<b>The EmPATH Unit – Early Implementation and Initial Findings, Larry Hook, MD, FAPA; Beth Heinz, MHA, MSW</b>
<b>4:35-4:55pm</b>	<b>CCBHCs – Psychiatry's Role in Transforming Clinical Care, Pahoua Yang, MSSW, PhD, LICSW, LP</b>
<b>4:55-5:00pm</b>	<b>Summary of the Day, Matt Kruse, MD</b>

### **Overview**

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Psychiatry is constantly seeking answers and exploring new approaches to be able to offer patients as many tools as needed. This conference will focus on novel approaches to psychiatry, from pharmacological interventions and psychedelics to innovations in neuromodulation, behavioral interventions and digital therapeutics including cognitive learning, and novel care delivery models. Participants will engage in inter-disciplinary learning, exchange ideas and consider expanded pathways to implement in practice.

**Jointly provided by the American Psychiatric Association and the Minnesota Psychiatric Society**

## Educational Objectives –

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At the end of the educational activity, the learner will be able to:

- *Review current and emerging technologies and therapies and describe their application and fit for patients in psychiatric clinical practice.*
- *Compare Innovations in pharmacological interventions as well as psychedelics in practice.*
- *Evaluate behavioral interventions and digital therapeutics to determine their fit for patients in treatment.*
- *Evaluate innovative health care delivery models including the psychiatrist's role in their success adoption.*

## Who Should Attend

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This educational activity is intended for psychiatrists, primary care physicians, psychologists, social workers, physician assistants, registered nurses, advanced practice nurses, and clinic administrators, all mental health professionals and general health professionals, including students, residents and fellows.

## Exhibitors

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American Professional Agency, Inc. – Intra-Cellular Therapies – Minnesota Mental Health Community Foundation & FastTrackerMN – Professional Risk Management Services, Inc.

## Accreditation

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This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and the Minnesota Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

## Designation

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The APA designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Biographical and Disclosure Information – Faculty / Planning Committee

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Jonas Attilus, MD .....No financial relationship with commercial interests  
Resident, University of Minnesota Psychiatry Residency Training Program, Planning Committee Member

Paul Croarkin, DO, DFAPA .....No financial relationship with commercial interests  
Psychiatrist, Professor of Psychiatry and the Research Co-Chair for Child and Adolescent Psychiatry, Mayo Clinic College of Medicine and Science

Karen Dickson, MD, DLFAPA .....No financial relationship with commercial interests  
Psychiatrist, Retired, MPS Program Planning Committee Member

Hamed Ekhtiari, MD.....No financial relationship with commercial interests  
Resident, University of Minnesota Psychiatry Residency Training Program, Planning Committee Member

Mark Frye, MD .....No financial relationship with commercial interests  
Psychiatrist, Mayo Clinic, MPS Program Planning Committee Member

Manuel Gardea Reséndez, MD .....No financial relationship with commercial interests  
Mood Fellow, Department of Psychiatry and Psychology, Mayo Clinic

Chinmoy Gulrajani, MD, MBBS, DFAPA .....No financial relationship with commercial interests  
Psychiatrist, Adjunct Associate Professor (Academic Track), Department of Psychiatry and Behavioral Sciences; medical specialist in forensic psychiatry with the Minnesota Department of Human Services; MPS President, MPS Program Planning Committee Member

Beth Heinz, MHA, MSW .....No financial relationship with commercial interests  
Senior Executive, M Health Fairview, Mental Health & Addiction services and Women and Children services

Larry Hook, MD, FAPA .....No financial relationship with commercial interests  
Physician Specialty Director, Hospital Based Behavioral Health Services (Consultation/Liaison, Emergency, and Inpatient Behavioral Health), CentraCare

Matt Kruse, MD .....No financial relationship with commercial interests  
Psychiatrist, Anoka Metro Regional Treatment Center, MPS Program Planning Committee Member, Fall Program Planning Committee Chair

Eric Leppink, MD .....No financial relationship with commercial interests  
Resident, Psychiatry Residency Program, Dep. of Psychiatry & Behavioral Sciences, University of Minnesota

Kelvin Lim, MD .....No financial relationship with commercial interests  
Psychiatrist, Researcher, Geriatric Research, Education and Clinical Center (GRECC), Minneapolis VA Health Care System, Vice Chair for Research, Department of Psychiatry, Core Faculty Member, Center for Neurobehavioral Development and Center for Magnetic Resonance Research, Professor of Psychiatry, Drs. TJ and Ella M. Arneson Endowed Chair, University of Minnesota

State Representative Kelly Morrison, MD .....No financial relationship with commercial interests  
Physician, State Legislator, Minnesota House of Representatives

Brent Nelson, MD .....No financial relationship with commercial interests  
Adult Interventional Psychiatrist, Chief Medical Information Officer, Consultant for the Center for Neurotherapeutics, PrairieCare

Jessica Nielson, PhD .....No financial relationship with commercial interests  
Assistant Professor, Department of Psychiatry & Behavioral Sciences, Institute for Health Informatics, University of Minnesota

Mary Okafo, MD .....No financial relationship with commercial interests  
Resident, Psychiatry Residency Program, Dep. of Psychiatry & Behavioral Sciences, University of Minnesota

Sheila Specker, MD, DFAPA .....No financial relationship with commercial interests  
Psychiatrist, Minnesota Psychiatric Society Program Committee Chair; Program Director, Addiction Medicine Fellowship Program; Psychiatrist and Associate Professor, University of Minnesota, Minneapolis, MN

Nathan Tatro, MA .....No financial relationship with commercial interests  
Deputy Director of Digital Health, American Psychiatric Association

Sophia Vinogradov, MD, DFAPA .....No financial relationship with commercial interests  
Department Head and Professor, Department of Psychiatry and Behavioral Sciences and the Donald W. Hastings Endowed Chair in Psychiatry, University of Minnesota Medical School

Linda Vukelich .....No financial relationship with commercial interests  
Executive Director, MPS Program Planning Committee Member, Minnesota Psychiatric Society

Pahoua Yang, MSSW, PhD, LICSW, LP .....No financial relationship with commercial interests  
Vice President of Community Mental Health & Wellness, Amherst H. Wilder Foundation, St. Paul

Lora Wichser, PhD .....No financial relationship with commercial interests  
Assistant Professor, Psychiatry Residency Program Director, Department of Psychiatry & Behavioral Sciences, University of Minnesota

