**MPS Interactive Virtual Fall Educational Series**

Convening Minnesota’s professional community around important issues impacting life & psychiatric practice in 2020.

All mental health and medical professionals are welcome to join the discussion to share, learn, build!

6 weekly events: Tuesdays at 7pm, Sept 15 – Oct 20!

Nothing about 2020 has been predictable. From a global pandemic to racial unrest, we are all suddenly involved in a world actively experiencing and reacting to new challenges. This series will bring together Minnesota experts to share tools and information to facilitate active learning and problem solving. Participants will identify challenges, learn about new tools and successful approaches, and adapt resulting strategies. The series will start with a focus on society’s and medicine’s role in historic and institutional racism and where to go from here as medical professionals. We will look at the psychological impact of the pandemic and hear about effective approaches to community and secondary trauma, and we will learn about models that are designed to proactively stem its impact. Telemedicine has emerged as an effective tool to safely deliver medical care. We will learn more about how it has been used historically and what the future holds for its long-term use in all aspects of mental health care.

**Series Schedule – September 15 – October 20**

- **September 15, 7-8:30pm** – Interactive Town Hall – “Antiracism: Catalyzing a Moment to a Movement”
- **September 22, 7-8pm** – Community Trauma and Secondary Trauma
- **September 29, 7-8pm** – Minnesota Resilience Action Plan (MinnRAP) / The Buddy System
- **October 6, 7-8:30pm** – Telemed Fundamentals & Support: From Policy to Practice
- **October 13, 7-8pm** – Telemedicine for Addiction Treatment
- **October 20, 7-8pm** – Teleconsultation / Tele-psychotherapy

[Click here to register online](#) or go to [www.mnpsychsoc.org](http://www.mnpsychsoc.org)

MPS Members, medical students, residents and fellows register and participate for free. Nonmembers and those seeking CME/continuing education, register online for just $150 for all six events!

More information about the program, our speakers and partner organizations is available online at the [www.mnpsychsoc.org](http://www.mnpsychsoc.org).

Questions? Contact Linda Vukelich, L.Vukelich@comcast.net, (651-278-4241)

*MPS thanks our Planning Committee members, our speakers, and all meeting participants!*
## MPS 2020 Fall Interactive Virtual Series Schedule of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
<th>Host/Panelists</th>
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</thead>
<tbody>
<tr>
<td>Sept 15</td>
<td>7-8:30pm</td>
<td>Town Hall – “Catalyst for an Uprising: Moving from Recognition to Response”</td>
<td>Host: MPS President Allison Holt, MD, FAPA; Facilitator: Nusheen Ameenuddin, MD, MPH, MPA, FAAP; Panelists: Monica Taylor-Desir, MD, DFAPA, Mayo; MN Doctors for Health Equity President Mike Aylward, MD; Advisor MN Assoc of African American Physicians President Dionne Hart, MD, DFAPA</td>
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<tr>
<td>Sept 15</td>
<td>7-8:30pm</td>
<td>Community Trauma and Secondary Trauma</td>
<td>Sophia Albott, MD, University of Minnesota</td>
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<tr>
<td>Sept 29</td>
<td>7-8pm</td>
<td>Minnesota Resilience Action Plan (MinnRAP) / The Buddy System</td>
<td>University of Minnesota Team: Department Head Sophia Vinogradov, MD; Jeffrey Wozniak, PhD; Annie Walsh, Sophia Albott, MD</td>
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<tr>
<td>Oct 6</td>
<td>7-8:30pm</td>
<td>Telemed Fundamentals &amp; Support: From Policy to Practice</td>
<td>Presenters: Telehealth Consultant and Telepsychiatry practice founder Michael Farnsworth, MD, DFAPA; Minnesota State Legislator and policy expert Senator Julie Rosen, HCMC Department Chair Eduardo Colon, MD, on the FQHC patient &amp; funding perspectives on equity/efficacy</td>
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<tr>
<td>Oct 13</td>
<td>7-8pm</td>
<td>Telemed for Substance Use Disorder Treatment</td>
<td>Presenters: University of Minnesota Addiction Psychiatrist, Addiction Medicine Fellowship Program Director Sheila Specker, MD, DFAPA; David Frenz, MD, AllinaHealth Addiction Medicine</td>
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<tr>
<td>Oct 20</td>
<td>7-8pm</td>
<td>Teleconsultation / Tele-psychotherapy</td>
<td>Presenters: Minnesota Society of Child and Adolescent Psychiatry President and Consulting Child and Adolescent Psychiatrist for the Psychiatric Assistance Line (PAL) Josh Stein, MD, PAL; Psychiatrist Svetlana Simovic, MD, MPSI</td>
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### Educational Objectives

- Describe the differences between working toward health equity vs ending health disparities.
- Discuss health professionals' ethical and professional responsibilities related to systemic racism.
- List actionable ways to advocate as an individual and as part of a system.
- Recognize, assess, and treat secondary trauma.
- Identify protective and/or preventative measures to lessen long term impact of traumatic events in the community.
- Describe the Minnesota Resilience Action Plan (MinnRAP) and be able to adapt its principles to your practice or system needs.
- Review the current Minnesota telemedicine policy and reimbursement environment.
- Review the current Minnesota telemedicine infrastructure environment, including access to Internet, technology, and devices.
- Describe the evolution of Minnesota's telemedicine environment.
- List current limitations of technology, specifically for underserved and under resourced communities.
- Discuss traditional in-person and virtual SUD treatment delivery model limitations and advantages and identify effective uses of technology to improve access.
- Identify resources and locate immediate SUD treatment openings.
- Describe the Psychiatric Assistance Line (PAL) purpose and how its accessibility to primary care can improve access and outcomes for patients.
- Discuss advantages and challenges of delivering psychotherapy in a virtual setting.

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