



Jointly provided by the American Psychiatric Association and the Minnesota Psychiatric Society

Minnesota Psychiatric Society 2021 Spring Meeting

Psychiatry Across the Lifespan: Research and Practice Updates for Every Age

Saturday, March 27, 2021, 8:00am–4:15pm

Virtual Program Agenda

- 8-8:15am** **Welcome, Overview, MPS Program Committee Chair Sheila Specker, MD, DFAPA**
- 8:15-9am** **Psychiatric Care for the Perinatal Woman, Benita Dieperink, MD**
- 9-9:45am** **Neurodevelopmental disorders and clinical/research adaptations during the pandemic, Suma Jacob, MD, PhD**
- 9:45-10am** **BREAK, Virtual Exhibits**
- 10-10:45am** **What's the Beef with the Reef? Cannabis Use in Youth, Lucien Gonzalez, MD, MS, FAAP**
- 10:45-11:30am** **Early Psychosis Update: What is EPINET and how can research inform your practice? Piper Meyer-Kalos, PhD**
- 11:30am-12pm** **LUNCH, Virtual Exhibits**
- 12-1pm** **Keynote – Collaborative Leadership: The Path Forward for an Equitable Mental Health System, Patrice A. Harris, MD, MA**
- 1-1:45pm** **Strategies for Providing Culturally Responsive Psychiatric Care for Transgender, Nonbinary, and LGBTQ+ Patients, Taymy Josefa Caso, PhD**
- 1:45-2pm** **BREAK, Virtual Exhibits**
- 2-2:45pm** **Co-occurring Chronic Medical & Mental Illness - Considerations and Ramifications, Roger Kathol, MD, DLFAPA**
- 2:45-3:30pm** **Ageing Through A Pandemic: Impact of Social Isolation and use of Telemed in Geriatric Patients, William Orr, MD, DFAPA**
- 3:30-4pm** **Physician-Assisted Dying and Euthanasia in Patients with Psychiatric Disorders: Current Practices and Ethical Considerations, Rachel Kay, MD**
- 4-4:15pm** **Summarize - Review CME Process, Conclude, Sheila Specker, MD, DFAPA**

Overview

The MN Psychiatric Society's Spring virtual day-long program features midday keynoter immediate past president of the American Medical Association and child & adolescent psychiatrist, Dr. Patrice Harris, presenting on collaborative leadership. The program offers psychiatric updates across the lifespan starting with perinatal and child & adolescent topics, followed with information on the impact of marijuana on the developing brain, then bridging to adulthood with first episode psychosis. We share strategies for providing culturally responsive psychiatric care, explore co-occurring psychiatric and chronic medical conditions, and consider the impact of isolation and telehealth on geriatric issues. We will end the day with a discussion of end-of-life issues.

Educational Objectives

At the end of the educational activity, the learner will be able to:

- Review essential elements of clinical care for optimal outcomes for psychiatric patients at each stage of life.
- List best practices for individualized care for psychiatric patients experiencing disruption due to pandemic limitations.
- List best practices for individualized care for psychiatric patients with co-occurring conditions.

Who Should Attend

This educational activity is intended for psychiatrists, addiction medicine specialists, primary care physicians, psychologists, social workers, physician assistants, registered nurses, advance practice nurses, system and health plan administrators and policy makers. All mental health professionals and general health professionals are welcome, including students and residents.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and the Minnesota Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

Designation

The APA designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME/Participation Certificates

At the conclusion of the conference, physician participants will be provided with an opportunity to claim hours of participation and receive an official CME certificate by completing the online CME conference evaluation. Non-physician participants will be able to claim a certificate of participation.

1. Go to <https://education.psychiatry.org/diweb/redeem>
2. Log in with your APA username and password or create a new account
3. Enter the Access code: **LE349FF4EAAD** and click "**Redeem**"
4. Click "**Access**". The activity evaluation will open in a new window.
5. Complete the evaluation and click "**Submit Response**".
6. On the next page, click "**Claim Credits**". Select the number of credits from the drop-down menu and click "**Claim**".
7. Click "**Home**" to close the course window. From your dashboard, click "**My Courses**", then select the "**My Completed Activities**" tab in the middle of the screen. Beneath "**Psychiatry Across the Lifespan: Research and Practice Updates for Every Age**", click "**Certificate**". Your certificate will open in a new tab. A link to your certificate will also be sent via email.

Exhibitors

American Professional Agency, Inc.

GeneSight

Intra-Cellular Therapies

Minnesota Mental Health Community Foundation & FastTrackerMN.org

Professional Risk Management Services, Inc.



Biographical and Disclosure Information – Faculty / Planning Committee

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Notes

