Suicide: A Multidimensional Approach to Risk, Prevention & Assessment

Saturday, May 4, 2019   8:00 am – 8:30 pm
Minnesota Humanities Center
987 Ivy Avenue East, St Paul, MN 55106

Program Agenda

7:30-8:00 am  Check-In / Continental Breakfast /Exhibits / Posters
8:00-8:15 am  Opening Remarks – Overview, Planning, Committee Chair Rebecca Rossom, MD, MS
8:15-9:15 am  Tools to Aid in Suicide Risk Prediction, Rebecca Rossom, MD, MS
9:15-10:15 am Fake News, Sad Truth, or Something in between? Imagining Collaborative Alignment for the Next Quality Challenge Panelists: APA President Elect Bruce Schwartz, MD; Steve Miller, MD, FAPA; Fairview Health; Kathryn Petrovic, MSN, RN-BC, The Joint Commission; Robert Nordstrom, MN DHS State Operated Services; Moderator: MPS Past President Paul Goering, MD
10:15-10:30 am Break / Exhibits / Posters (no CME)
10:30-11:30 am Bullet Proofing your Documentation: Forensic Issues in Suicide Assessments, Michael Farnsworth, MD, DFAPA
11:30 am-12pm Poster Session (no CME) / Exhibits
12:00-12:45 pm Lunch (no CME)
12:45-1:45 pm Adolescent Suicide – Rethinking Lethality in Youth Suicide Attempts, Alastair McKean, MD
1:45-2:45 pm Approaches to Address Suicide in Rural Areas – MN Director of Mental Health Outreach Ted Mathews; CentraCare Director of Collaborative Care Ryan M. Engdahl, PhD, LP; MN State Suicide Epidemiologist Melisa Heinen, RN, MPH
2:45-3:00 pm Break / Exhibits / Posters (no CME)
3:00-4:00 pm The VA’s National Strategy for Preventing Veteran Suicide: The Public Health Approach – Julia Pawlenty MSW, LICSW; Kyle Jendro MSW, LICSW, Suicide Prevention Case Managers, VAMC Minneapolis
4:00-5:00 pm Panel: Messaging & Communications: Joining with Media for a Public Education & Awareness Building, KARE 11 Reporter Jana Shortal; NAMI Minnesota Executive Director Sue Abderhalden, MPH; Hennepin Health Psychiatrist J.J. Rasimas, MD, PhD, FAPM; Moderator: MPS President Michael Trangle, MD, DFAPA
5:30-6:30 pm Reception
6:30-7:15 pm Dinner
7:15-7:45 pm Awards and Year in Review– MPS President Michael Trangle, MD, DLFAPA
7:45-8:30 pm Keynote, APA’s Long View – APA President Elect Bruce Schwartz, MD

Overview

“Suicide is a leading cause of death for Americans – and it’s a tragedy for families and communities across the country,” said CDC Principal Deputy Director Anne Schuchat, MD. “From individuals and communities to employers and healthcare professionals, everyone can play a role in efforts to help save lives and reverse this troubling rise in suicide.” Psychiatrists and other medical and mental health providers are being call upon to address the rising suicide rates both in practice and as experts within the larger community. This program is designed to offer participants information about risk, prevention and assessment of suicide to improve awareness, contribute clinical and communications tools and enlarge the pool of partners to address the growing numbers of completed suicides. Presenters will review new research and offers supports for patient populations to help providers address specific needs with evolving models that include as many supports as possible. By coordinating messaging with emerging tools and developing standardized approaches, this conference aims to empower participants to actively work together to reduce suicide in Minnesota.
At the end of the educational activity, the learner will be able to:

- Learners will review program agenda and list overall learning objectives.
- Become familiar with suicide assessment tools
- Learn about predictive tools for suicide and their potential applications
- Review suicide data that prompted the regulatory response
- Examine current JACHO / CMS surveyor standards
- Describe JACHO and CMS regulatory requirements
- Discuss implementation considerations and barriers
- Discuss impact on access to care
- Review elements of Malpractice as they relate to suicide management
- Identify community and legal expectations of psychiatry in suicide prevention
- Address issues of “foreseeability” and Suicide prediction and prevention
- Use of clinical tools for suicide detection and statistical limitations of prediction
- Identify weakness of current documentation practices and “best practice” strategies for Bulletproofing documentation to minimize accusations of medical malpractice in psychiatric care of suicidal patients
- Briefly review the current state of suicide research in youth
- Examine findings from a cohort of youth followed from their first suicide attempt coming to medical attention over a period of 25 years
- Consider the implications of these epidemiological findings for present management and future work with suicidal youth
- Review data regarding rural suicides
- Discuss effective approaches to support rural communities
- Understand critical need, and consider ways to respond
- Describe Zero Suicide Academy goals
- Understand the scope of Veteran Suicide
- Identify the key components of the VA Public Health Approach
- Identify the systemic approach used by the CDC
- Know what resources to connect/refer veterans to who are needing treatment
- Discuss effective public health approaches to address military suicides
- Understand critical need, and consider ways to support the VA response
Who Should Attend

This educational activity is intended for psychiatrists, primary care physicians, emergency physicians, psychologists, social workers, physician assistants, registered nurses, advance practice nurses, compliance officers and clinic administrators. All mental health professionals and general health professionals are welcome, including students and residents.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and Minnesota Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians.

Designation

The APA designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician CME Certificates

At the conclusion of the conference, physician participants will be provided with an opportunity to claim hours of participation and receive an official CME certificate by completing the online CME conference evaluation.

1. Go to http://apapsy.ch/MN-risk
2. Click "Access Activity" and log in with your APA username and password or create a new account.
3. Enter the Group ID MN191 on the Purchase page and click "Submit" to proceed to the evaluation and certificate. Select "AMA PRA Category 1 Physician" as your certificate type.

You must claim your CME credit within 60 days of the conference. Certificates will not be issued after July 4, 2019. For customer support, please email apalms@psych.org.

Certificate of Attendance for Non-Physicians

Non-physician participants will have the opportunity to receive a certificate of attendance. At the conclusion of the conference, participants should complete the online conference evaluation at http://apapsy.ch/MN-risk in order to print a certificate of attendance. Follow the instructions above, but select "Certificate of Participation" as your certificate type.

Exhibitors

GeneSight
Gundersen Health
Minnesota Health Community Foundation & Fast-TrackerMN
Professional Risk Management Services
Biographical and Disclosure Information – Faculty / Planning Committee

Sue Abderholden, MPH
NAMI Minnesota Executive Director
No financial relationship with commercial interests

Ryan M. Engdahl, PhD, LP
Director of Collaborative Care, CentraCare
No financial relationship with commercial interests

Michael Farnsworth, MD, FAPA
Psychiatrist, Private Practice, Baxter, MN
No financial relationship with commercial interests

Paul Goering, MD, DFAPA
Vice President, Allina Mental Health and Addiction; Past President, Minnesota Psychiatric Society
No financial relationship with commercial interests

Melisa Heinen, RN, MPH
State of Minnesota Suicide Epidemiologist
No financial relationship with commercial interests

Kyle Jendro MSW, LICSW
Suicide Prevention Case Manager, Minneapolis Veteran’s Administration Medical Center
No financial relationship with commercial interests

Ted Matthews
Director of Mental Health Outreach, State of Minnesota
No financial relationship with commercial interests

Alastair McKean, MD
Child and Adolescent Psychiatrist, Mayo Clinic Department of Psychiatry and Psychology
No financial relationship with commercial interests

Gavin Meaney, MD, FAPA
Psychiatrist
No financial relationship with commercial interests

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Kathryn Petrovic, MSN, RN-BC
Field Director, Surveyor Management and Development, Accreditation and Certification Operations, The Joint Commission
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Rebecca Rossom, MD, MS
Senior investigator, Geriatric Psychiatrist, HealthPartners Institute, Associate professor, University of MN Medical School
No financial relationship with commercial interests

Bruce Schwartz, MD, DLFAPA
President-Elect, American Psychiatric Association; Professor, Deputy Chair and Clinical Director of Psychiatry & Behavioral Sciences at Montefiore and the Albert Einstein College of Medicine
No financial relationship with commercial interests

Jana Shortal
KARE 11 Reporter
No financial relationship with commercial interests

Sheila Specker, MD, DFAPA
Minnesota Psychiatric Society Program Committee Chair and Psychiatrist; Program Director, Addiction Medicine Residency Program; Psychiatrist and Professor, University of Minnesota, Minneapolis, MN
No financial relationship with commercial interests

Michael Trangle, MD, DLFAPA
President, Minnesota Psychiatric Society
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Linda Vukelich
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