



Minnesota Psychiatric Society Fall Conference

Saturday, October 1, 2022

8am-5pm Symposium, 5-6:30pm Reception & Ethics Salon Discussion
Minnesota Humanities Center

On Her Shoulders: The Impact of a Woman's Mental Health

Program Agenda (Shaded components not for CME)

7:30-8:00 am	Check-In / Continental Breakfast / Exhibits
8:00-8:15 am	Opening Remarks – Welcome & Overview – MPS President Matt Kruse, MD, FAPA; Planning Committee Chair Mark Frye, MD
8:15-9:15 am	Ethics Panel - Considerations for women and their physicians today – Moderator: Mary Beth Lardizabal, DO, DLFAPA; Panelists: Corrine Brown Robinson, MD, FACOG; Katie Cullen, MD; Jerry Kroll, MD; Tracy Tomac, MD, FAPA
9:15-10:00am	Gender Differences in Antidepressant Pharmacotherapy – Aysegul Ozerdem, MD, PhD
10:00-10:15am	BREAK, Exhibits
10:15-11:00am	Flash Talks – What is the next generation of psychiatrists passionate about? – Matheus Marques, MD; Laura Sloan, MD; Moderator Matt Kruse, MD, FAPA
11:00-11:45am	Poster Session – Poster Presenters: Ammar Almorsy, MD; Meagan Campbell, MD; Mete Ercis, MD; Manuel Fuentes Salgado, MD; Heena Gardner; Caroline Grant, MD; Felicia Hansell, MD; Alessandro Miola, MD; Francesca Pampaloni, MD; Maria Saliba, MD
11:45-12:00pm	Poster Presentation Best Practices – Mark Frye, MD
12:00-12:45pm	LUNCH, Networking & Exhibits
12:45-1:30pm	Depression, Self-Harm and Suicidality in Adolescents – Kathryn R. Cullen, MD
1:30-2:15pm	Best Practices, Gender Differences in Substance Use – Sheila Specker, MD, DFAPA
2:15-3:00pm	Racial Disparities in Pregnancy - Is there a problem? – Corrine Brown Robinson MD, FACOG
3:00-3:15pm	BREAK, Exhibits
3:15-4:00pm	Geriatric Mental Health for Women – Tim McNamara, MA, LP
4:00-4:45pm	Case Discussion: Child parent psychotherapy (CPP) as part of a multidisciplinary approach to support a pregnant patient with trauma – Hannah Betcher, MD; Katherine Moore, MD; Magdalena Romanowicz, MD
4:45-5:00pm	Poster Session Review & Wrap-up of the Day – Mark Frye, MD
5:00-6:30pm	Ethics Salon & Reception – Join friends and colleagues for camaraderie and connection as we host this Ethics Salon Reception creating an open environment to discuss the complex issues of the day and all the layers they represent. Beverages and appetizers hosted by MPS.

Overview

This conference will focus on women's mental healthcare from adolescence through the geriatric years, focusing on the unique aspects of treating women both from a clinical viewpoint and in the context of the world in 2022. We will explore societal impacts on women's mental health care using an ethics lens, with special attention to the physician's role at the intersection. Join us to learn about advances and discover pearls for practice in specialty and primary care settings.

Our presenters bring expertise from a variety of medical and mental health specialties. Topics include gender differences in social media impact on adolescents, racial disparities in women's health care during childbearing years, case-based learning, substance use disorder treatment for new mothers, gender differences in antidepressant pharmacotherapy, and unique needs of geriatric women. We will discuss legal, ethical, and medical impact of policy changes involving women's health. A poster session will showcase new research and concepts. Participants will conclude the day with an interactive deeper dive into key ethical dilemmas and come away with tools and ideas to inform current and future ethical quandaries to come.

Educational Objectives

At the end of the educational activity, the learner will be able to:

- Describe current factors creating or heightening stress for women patients and their families.
- Describe current factors creating or heightening stress for physicians caring for women patients and their families.
- Assess the impact of medical, legal, and situational factors on access to services and systems of care for women in Minnesota.

Who Should Attend

This educational activity is intended for psychiatrists, primary care physicians, emergency physicians, psychologists, social workers, physician assistants, registered nurses, advance practice nurses, compliance officers and clinic administrators. All mental health professionals and general health professionals are welcome, including students and residents.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and the Minnesota Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians. The APA designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credit*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Exhibitors

Allina Health ▪ Minnesota Department of Human Services Direct Care and Treatment
Minnesota Health Community Foundation & FastTrackerMN.org ▪ Professional Risk Management Services

Biographical and Disclosure Information – Faculty / Planning Committee

Ammar Almorsy, MD _____ Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter	No financial relationship with commercial interests
Jonas Attilus, MD _____ Psychiatry Resident, U of MN Psychiatry Residency Training Program, MPS Program Planning Committee Member	No financial relationship with commercial interests
Hannah Betcher, MD _____ Psychiatrist, Mayo Clinic, Rochester, MN	No financial relationship with commercial interests
Corrine Brown Robinson, MD _____ OB/GYN physician; Vice-Chair HealthPartners OB/GYN Department East Metro	No financial relationship with commercial interests
Meagan Campbell _____ Medical Student, University of Minnesota; Poster Presenter	No financial relationship with commercial interests
Kathryn R. Cullen, MD _____ Child and Adolescent Psychiatrist, Assoc Professor, Dept of Psychiatry and Behavioral Sciences, U of MN; Dir, Child and Adolescent Psychiatry Division, U of MN	No financial relationship with commercial interests
Karen Dickson, MD, DLFAPA _____ Psychiatrist, Retired, MPS Program Planning Committee Member	No financial relationship with commercial interests
Mete Ercis, MD _____ Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter	No financial relationship with commercial interests
Mark Frye, MD _____ Psychiatrist, Mayo Clinic, MPS Program Planning Committee Member	No financial relationship with commercial interests
Manuel Fuentes Salgado, MD _____ Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter	No financial relationship with commercial interests

Heena Gardner _____, No financial relationship with commercial interests
 Medical Student, University of Minnesota; Poster Presenter

Caroline Grant, MD; _____ No financial relationship with commercial interests
 Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter

Felicia Hansell, MD _____ No financial relationship with commercial interests
 Psychiatry Resident, University of Minnesota; Poster Presenter

Dionne Hart, MD, DFAPA, FASAM _____ No financial relationship with commercial interests
 Psychiatrist, Care from the Hart, Rochester, MN, MPS Program Planning Committee Chair

Jerry Kroll, MD _____ No financial relationship with commercial interests
 Psychiatrist, Metro Behavioral Health, Professor Emeritus, University of Minnesota

Matt Kruse, MD, FAPA _____ No financial relationship with commercial interests
 Psychiatrist, Anoka Metro Regional Treatment Center, MPS Program Planning Committee Member

Mary Beth Lardizabal DO, DLFAPA _____ No financial relationship with commercial interests
 Psychiatrist, System Medical Director for Provider Wellbeing Allina Health, System Medical Director Child and Adolescent
 Psychiatric Services, Mental Health & Addiction Services, Allina Health

Tim McNamara, MA, LP _____ No financial relationship with commercial interests
 Psychologist, Associated Clinic of Psychology

Matheus Goncalves Marques, MD _____ No financial relationship with commercial interests
 Psychiatry Resident, Mayo Clinic, Rochester, MN

Alessandro Miola, MD _____ No financial relationship with commercial interests
 Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter

Katherine R. Moore, MD _____ No financial relationship with commercial interests
 Psychiatrist, Mayo Clinic

Aysegul Ozerdem, MD, PhD _____ No financial relationship with commercial interests
 Psychiatrist, Mayo Clinic, Professor of Psychiatry, College of Medicine, Sr Assoc Consultant, Dept of Psychiatry and Psychology

Francesca Pampaloni, MD _____ No financial relationship with commercial interests
 Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter

Magdalena Romanowicz, MD _____ No financial relationship with commercial interests
 Psychiatrist, Mayo Clinic

Maria Saliba, MD _____ No financial relationship with commercial interests
 Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter

Laura Sloan, MD _____ No financial relationship with commercial interests
 Forensic Psychiatry Fellow, University of Minnesota

Sheila Specker, MD, DFAPA _____ No financial relationship with commercial interests
 Psychiatrist; Program Director, Addiction Medicine Fellowship Dir; Professor, University of MN, MPS Program Committee Chair

Tracy Tomac, MD, FAPA _____ No financial relationship with commercial interests
 Psychiatrist, Psychiatry Hospitalist, Regions Hospital; MPS Program Planning Committee Member

Linda Vukelich _____ No financial relationship with commercial interests
 Minnesota Psychiatric Society Executive Director, MPS Program Planning Committee Member

NOTES
