On Her Shoulders: The Impact of a Woman’s Mental Health

Program Agenda (Shaded components not for CME)

7:30-8:00 am  Check-In / Continental Breakfast / Exhibits
8:00-8:15 am  Opening Remarks – Welcome & Overview –
               MPS President Matt Kruse, MD, FAPA; Planning Committee Chair Mark Frye, MD
8:15-9:15 am  Ethics Panel - Considerations for women and their physicians today –
               Moderator: Mary Beth Lardizabal, DO, DLFAPA; Panelists: Corrine Brown Robinson, MD, FACOG; Katie Cullen, MD; Jerry Kroll, MD; Tracy Tomac, MD, FAPA
9:15-10:00am  Gender Differences in Antidepressant Pharmacotherapy – Aysegul Ozerdem, MD, PhD
10:00-10:15am BREAK, Exibits
10:15-11:00am Flash Talks – What is the next generation of psychiatrists passionate about? –
               Matheus Marques, MD; Laura Sloan, MD; Moderator Matt Kruse, MD, FAPA
11:00-11:45am Poster Session – Poster Presenters: Ammar Almorsy, MD; Meagan Campbell, MD; Mete Ercis, MD; Manuel Fuentes Salgado, MD; Heena Gardner; Caroline Grant, MD; Felicia Hansell, MD; Alessandro Miola, MD; Francesca Pampaloni, MD; Maria Saliba, MD
11:45-12:00pm Poster Presentation Best Practices – Mark Frye, MD
12:00-12:45pm LUNCH, Networking & Exhibits
12:45-1:30pm  Depression, Self-Harm and Suicidality in Adolescents – Kathryn R. Cullen, MD
1:30-2:15pm  Best Practices, Gender Differences in Substance Use – Sheila Specker, MD, DFAPA
2:15-3:00pm  Racial Disparities in Pregnancy - Is there a problem? – Corrine Brown Robinson MD, FACOG
3:00-3:15pm  BREAK, Exhibits
3:15-4:00pm  Geriatric Mental Health for Women – Tim McNamara, MA, LP
4:00-4:45pm  Case Discussion: Child parent psychotherapy (CPP) as part of a multidisciplinary approach to support a pregnant patient with trauma – Hannah Betcher, MD; Katherine Moore, MD; Magdalena Romanowicz, MD
4:45-5:00pm  Poster Session Review & Wrap-up of the Day – Mark Frye, MD
5:00-6:30pm  Ethics Salon & Reception - Join friends and colleagues for camaraderie and connection as we host this Ethics Salon Reception creating an open environment to discuss the complex issues of the day and all the layers they represent. Beverages and appetizers hosted by MPS.

Overview

This conference will focus on women’s mental healthcare from adolescence through the geriatric years, focusing on the unique aspects of treating women both from a clinical viewpoint and in the context of the world in 2022. We will explore societal impacts on women’s mental health care using an ethics lens, with special attention to the physician’s role at the intersection. Join us to learn about advances and discover pearls for practice in specialty and primary care settings.

Our presenters bring expertise from a variety of medical and mental health specialties. Topics include gender differences in social media impact on adolescents, racial disparities in women’s health care during childbearing years, case-based learning, substance use disorder treatment for new mothers, gender differences in antidepressant pharmacotherapy, and unique needs of geriatric women. We will discuss legal, ethical, and medical impact of policy changes involving women’s health. A poster session will showcase new research and concepts. Participants will conclude the day with an interactive deeper dive into key ethical dilemmas and come away with tools and ideas to inform current and future ethical quandaries to come.
Educational Objectives

At the end of the educational activity, the learner will be able to:

- Describe current factors creating or heightening stress for women patients and their families.
- Describe current factors creating or heightening stress for physicians caring for women patients and their families.
- Assess the impact of medical, legal, and situational factors on access to services and systems of care for women in Minnesota.

Who Should Attend

This educational activity is intended for psychiatrists, primary care physicians, emergency physicians, psychologists, social workers, physician assistants, registered nurses, advance practice nurses, compliance officers and clinic administrators. All mental health professionals and general health professionals are welcome, including students and residents.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and the Minnesota Psychiatric Society. The APA is accredited by the ACCME to provide continuing medical education for physicians. The APA designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Exhibitors

Allina Health • Minnesota Department of Human Services Direct Care and Treatment
Minnesota Health Community Foundation & FastTrackerMN.org • Professional Risk Management Services

Biographical and Disclosure Information – Faculty / Planning Committee

Ammar Almorsy, MD Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter
Ammar Almorsy, MD Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter
No financial relationship with commercial interests

Jonas Attilus, MD Psychiatry Resident, U of MN Psychiatry Residency Training Program, MPS Program Planning Committee Member
No financial relationship with commercial interests

Hannah Betcher, MD Psychiatrist, Mayo Clinic, Rochester, MN
Psychiatrist, Mayo Clinic, Rochester, MN
No financial relationship with commercial interests

Corrine Brown Robinson, MD OB/GYN physician; Vice-Chair HealthPartners OB/GYN Department East Metro
OB/GYN physician; Vice-Chair HealthPartners OB/GYN Department East Metro
No financial relationship with commercial interests

Meagan Campbell Medical Student, University of Minnesota; Poster Presenter
Medical Student, University of Minnesota; Poster Presenter
No financial relationship with commercial interests

Kathryn R. Cullen, MD Child and Adolescent Psychiatrist, Assoc Professor, Dept of Psychiatry and Behavioral Sciences, U of MN; Dir, Child and Adolescent Psychiatry Division, U of MN
Child and Adolescent Psychiatrist, Assoc Professor, Dept of Psychiatry and Behavioral Sciences, U of MN; Dir, Child and Adolescent Psychiatry Division, U of MN
No financial relationship with commercial interests

Karen Dickson, MD, DLAPA Psychiatrist, Retired, MPS Program Planning Committee Member
Psychiatrist, Retired, MPS Program Planning Committee Member
No financial relationship with commercial interests

Mete Ercis, MD Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter
Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter
No financial relationship with commercial interests

Mark Frye, MD Psychiatrist, Mayo Clinic, MPS Program Planning Committee Member
Psychiatrist, Mayo Clinic, MPS Program Planning Committee Member
No financial relationship with commercial interests

Manuel Fuentes Salgado, MD Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter
Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter
No financial relationship with commercial interests
Heena Gardner ________________________________ No financial relationship with commercial interests
Medical Student, University of Minnesota; Poster Presenter

Caroline Grant, MD __________________________ No financial relationship with commercial interests
Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter

Felicia Hansell, MD __________________________ No financial relationship with commercial interests
Psychiatrist, University of Minnesota; Poster Presenter

Dionne Hart, MD, DFAPA, FASAM _____________ No financial relationship with commercial interests
Psychiatrist, Care from the Hart, Rochester, MN, MPS Program Planning Committee Chair

Jerry Kroll, MD ______________________________ No financial relationship with commercial interests
Psychiatrist, Metro Behavioral Health, Professor Emeritus, University of Minnesota

Matt Kruse, MD, FAPA ________________________ No financial relationship with commercial interests
Psychiatrist, Anoka Metro Regional Treatment Center, MPS Program Planning Committee Member

Mary Beth Lardizabal DO, DFAPA ______________ No financial relationship with commercial interests
Psychiatrist, System Medical Director for Provider Wellbeing Allina Health, System Medical Director Child and Adolescent Psychiatric Services, Mental Health & Addiction Services, Allina Health

Tim McNamara, MA, LP ________________________ No financial relationship with commercial interests
Psychologist, Associated Clinic of Psychology

Matheus Goncalves Marques, MD ______________ No financial relationship with commercial interests
Psychiatry Resident, Mayo Clinic, Rochester, MN

Alessandro Miola, MD _________________________ No financial relationship with commercial interests
Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter

Katherine R. Moore, MD ______________________ No financial relationship with commercial interests
Psychiatrist, Mayo Clinic

Aysegul Ozerdem, MD, PhD ________________ No financial relationship with commercial interests
Psychiatrist, Mayo Clinic, Professor of Psychiatry, College of Medicine, Sr Assoc Consultant, Dept of Psychiatry and Psychology

Francesca Pampaloni, MD ____________________ No financial relationship with commercial interests
Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter

Magdalena Romanowicz, MD __________________ No financial relationship with commercial interests
Psychiatrist, Mayo Clinic

Maria Saliba, MD ___________________________ No financial relationship with commercial interests
Psychiatry Resident, Mayo Clinic, Rochester, MN; Poster Presenter

Laura Sloan, MD ______________________________ No financial relationship with commercial interests
Forensic Psychiatry Fellow, University of Minnesota

Sheila Specker, MD, DFAPA __________________ No financial relationship with commercial interests
Psychiatrist; Program Director, Addiction Medicine Fellowship Dir; Professor, University of MN, MPS Program Committee Chair

Tracy Tomac, MD, FAPA _______________________ No financial relationship with commercial interests
Psychiatrist, Psychiatry Hospitalist, Regions Hospital; MPS Program Planning Committee Member

Linda Vukelich ______________________________ No financial relationship with commercial interests
Minnesota Psychiatric Society Executive Director, MPS Program Planning Committee Member

NOTES
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________