

# Break the Ice

exclusively for APA Residents and Fellows

Wednesday January 12 | 7:30-9:00 p.m. EST



## Hosted By:

Sanya Virani ..... Area 1  
Rachel Varadarajulu ..... Area 2  
Badr Ratnakaran ..... Area 3  
Urooj Yazdani ..... Area 4  
Laura Sloan ..... Area 4  
Tanvi Gupta ..... Area 5  
Jonathan Updike ..... Area 6  
Chris Lachowski ..... Area 7

**What:** Bring your favorite snacks and drinks and join APA resident and fellow physicians for an evening of fun icebreaker games!

**Who:** This event is exclusively for psychiatry residents and fellows

**When:** Wednesday, January 12 | 7:30-9:00 p.m. EST

**Where to Register:** [APApsy.ch/IceBreaker](https://APApsy.ch/IceBreaker)

## Questions?

Contact [membership@psych.org](mailto:membership@psych.org)